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Food, Page TC

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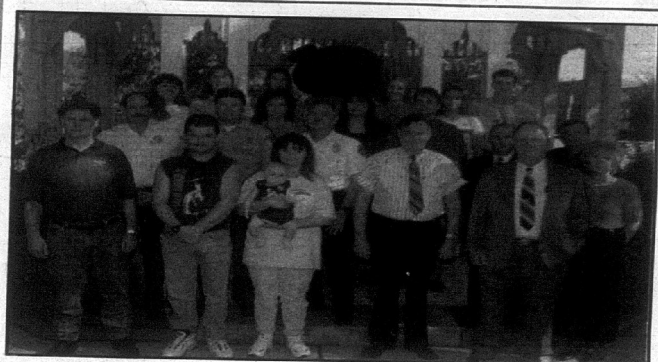
Granite City Journal

SUBURBAN JOURNALS - #1 IN WEEKDAY READERSHIP WITH OVER 1.4 MILLION READERS
BROOKLYN • GRANITE CITY • MADISON • MITCHELL • PONTIAC BEACH • VENICE

VOLUME 21, NUMBER 72

WEDNESDAY, SEPTEMBER 10, 1997

FIFTY CENTS



Staff photo by JOHN FRESE

Drug Free 2000 members, officials and friends include: first row, from left, Dean Gergen, area council PTA; Mike Wood, 2000 member; Debbie Marshall, 2000 vice president; Matthew Barrow, 2000 junior member; Phil Barnett; John Chapline; and Sandy Crites, president. Second row, Granite City Police Chief David Ruebhausen; DARE Officer Phil Popmarkoff; Assistant Police Chief Kip Pomeroy; Superintendent of Schools Steve Balen; and Granite City Park District Director Dave Polivick. Third row, Karen York, 2000 treasurer; Deborah Gorsuch, Tri-Cities Area United Way; Keith Kinder, Plaza Prevention; Back row, Sarah Fielding and Becky Gehling, National Honor Society; Amy Pennell, Granite City High School pom squad; the DARE Bear; Beth Reiter, pom squad; and Hillary Aerts and Joseph Herman, NHS.

Residents hope for drug-free 2000

Area families are invited to follow a road map to a drug free 2000. Granite City Drug Free 2000 will hold its annual Family Festival Sept. 27 in Wilson Park. The festival

theme this year is "Road Map to a Drug Free 2000." The festival will include games, food, information booths, live entertainment, a parade and essay and poster contests.

The purpose of the festival and the other regarding events are being investigated by the Venice police and the Illinois State Police Department of Criminal Investigation. Venice police are also looking for three suspects in a Sunday-morning home invasion.

(See PARADE, Page 5A)

Bathon will run Auditor wants new challenge

By Nicole Vaughn
Staff writer

Madison County Auditor Fred Bathon likes his job, but he'd like to try on the title of treasurer.

Bathon of Granite City on Monday officially announced his candidacy for treasurer in the March primary.

Bathon already had been endorsed for the post last week by the Madison County Democrats. He is the only candidate on their slate who is not an incumbent for the office he seeks.

The job is currently held by Republican Bill Arty.

"I'm no different than any of the people before me," Bathon said. "It's the kind of

DEMOCRATIC PRIMARY

thing you do when the opportunity arises."

Bathon said rather than focusing a campaign on his opponent(s) if they appear, he wants to campaign about himself.

"I think that today in Madison County, I'm the person that has the most financial accounting experience in county government," he said.

Bathon said he is not unhappy as auditor but would welcome a new challenge.

"As auditor, I'm the watchdog for county expenses," Bathon said. "As treasurer, I'd be responsible for the safekeeping of county tax dollars and work at getting the highest investment return."

(See BATHON, Page 5A)

Edgar shows state pride

Ethnicity subject of workshop here

By Scott Cousins
Staff writer

Illinois' heritage — both prehistoric and modern — was on the menu Monday for Gov. Jim Edgar, who visited Cahokia Mounds State Historic Site and an ethnic workshop in Granite City.

Edgar came to the area to get a look at repair work being done on Monks Mound, also known as the temple mound.

In Granite City he visited an ethnic workshop and talked about the importance of the

(See EDGAR, Page 5A)



Staff photo by JOHN FRESE

Illinois Gov. Jim Edgar receives carnations from a group of young children dressed in traditional Polish folk costumes. Stephanie Dohnal, 8, at left, reaches to give Edgar her flowers. The children are part of the Polish Roman Catholic Union of America in Madison.

Mass to honor Mother Teresa

St. Louis area Catholics will pause to celebrate the life of the late Mother Teresa in a memorial Mass Thursday.

Mother Teresa died of heart failure Friday at her missionary headquarters in Calcutta, India. She was 87. The Archdiocese of St. Louis will celebrate a memorial Mass in her honor at 7 p.m. Thursday at the Cathedral Basilica of St. Louis, at Lindell Boulevard and Newstead Avenue. Archbishop Justin Rigali will lead the Mass, which is open to the public.

Mother Teresa was respected around the world for her work with disadvantaged people. Missionaries of Charity, an order she started in Calcutta, has orders throughout the world, including one in St. Louis.

Man injured in shooting

By Scott Cousins
Staff writer

Two weekend shootings, one apparently drug-related and the other regarding revenge, are being investigated by the Venice police and the Illinois State Police Department of Criminal Investigation.

Venice police are also looking for three suspects in a Sunday-morning home invasion.

At about 2:45 a.m. Saturday, shots were reportedly fired at an automobile in Circle Drive at Lee Wright Homes.

According to Police Chief James Newsome, the driver of the car is the primary suspect in the July 11 shooting death of Quinton D. Porter.

Porter, 24, of Madison, was shot and killed in an argument in the 500 block of Jefferson during a quarrel. That case is expected to be presented to a Madison County grand jury in the near future.

Few details were available Monday, but Newsome said Saturday's shooting was apparently in retaliation for Porter's

VENICE

death.

In the second shooting, Reginald Nollie, of the 800 block of N. 40th Street in East St. Louis, was taken to St. Elizabeth Medical Center and then transferred to Saint Louis University Hospital early Saturday with gunshot wounds to the face and abdomen. As of Monday he was reported in serious but stable condition.

Police received a report of subjects "running and chasing each other with guns" near Mercedes and Market. While en route, police received a 911 call about a subject shot near Bascum and Douglas.

The victim, 39, was taken to St. Elizabeth Medical Center by his cousin and niece.

At the hospital, the cousin said he had been at home when the victim came to the door saying he had been shot. Police reported gunshot wounds to the abdomen and chin.

Newsome said DCI investiga-

In one of the incidents, the driver of the car is the primary suspect in the July 11 shooting of Quinton Porter, Police officer James Newsome said.

tors had talked to a suspect, but had released him pending formal charges.

Police are also looking for three young men after a Sunday-morning home invasion on Jefferson Street.

According to police, a man and wife were in bed when the man reportedly heard glass breaking. Before he could get up, he said a suspect came into the bedroom and pointed a handgun at his head and

(See VENICE, Page 5A)

'Choice' ballots in today's edition

The special edition Old Newsboys Day Suburban Journal will answer some very important questions, such as:

Will the trendy Spice Girls prevail as favorite musical group?

In the short time he has been a Cardinal, will Mark McGwire be voted favorite professional athlete?

Do kids prefer math over English?

Results from the third annual Children's Choice Awards will be featured in the special edition Old Newsboys Day Suburban Journal. These collector's edition newspapers will be sold on street corners all over the metropolitan area Nov. 6 — Old Newsboys Day. Every penny paid for the newspapers will be donated to local children's charities.

Hardie's Restaurants are sponsoring the Children's Choice Awards. Children and teenagers 19 and under may fill out the ballots, which are in this and other issues of the Suburban Journal.

(See CHOICE, Page 5A)

In the Journal

Index

Classified.....	1D	Local news.....	2A
Calendar.....	6C	Obituaries.....	4A
Entertainment.....	5B	Sports.....	1B
Food.....	1C	Mature Living.....	6A

5 FULLER'S FORECAST
John Fuller, Meteorologist, KSDK NewsChannel 5

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
76 53	73 50	74 49	76 53

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FOOTBALL CONTEST

* Play weekly Aug. 31 - Dec. 22.
* \$5,000 given away each week!
* Most correct picks wins \$3,500
* Fewest correct picks wins \$1,500
* Plus, Pro Football tickets and more!
* Entry deadline every Sunday at 10 a.m.

17% of the \$150,000 prize pool is allocated to the charity of the winner's choice. The charity must be a 501(c)(3) organization. The contest ends on December 22, 1997. The winner will be selected by a random drawing. The winner will be notified by mail. The winner will be responsible for paying any taxes on the prize. The prize is cash and is not transferable. The contest is open to residents of the United States. The contest is not open to minors. The contest is not open to those who are under legal disability. The contest is not open to those who are bankrupt. The contest is not open to those who are convicted of a crime. The contest is not open to those who are on probation or parole. The contest is not open to those who are in the military. The contest is not open to those who are in the police or fire service. The contest is not open to those who are in the government service. The contest is not open to those who are in the education service. 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VOICE BOX

What do you think about the government bill providing monies to middle income families to send their kids to private schools?



"I'm against paying people money to send their kids to private schools, our public school system would then suffer. Give it to the public schools to improve for all students."

Sandy Pence, 74
Granite City
Retired balliff



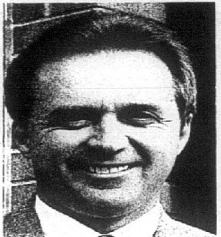
"Instead of giving money to middle class families to put their kids in private schools, use the money to update our public schools—every-one will benefit."

Laura Schamot, 20
Granite City
Student



"The government should not give money for private schooling. Most private schools have loans and payment plans available. With Catholic schools the people would be paying for students to learn about religion... they would have to change the constitution."

Jason Bucatch, 24
Granite City
Security guard



"I wouldn't be for it. Public schools already operate on a very thin budget. The money would be better spent on the public school system."

Mark Eavenson
Granite City
Chiropractor



"If parents want to send their children to private schools then they should be prepared to pay for the cost."

Greg Dionedo, 31
Granite City
Law student

Photos by Shirley Valencia
Interviews by Shirley Valencia
Interviewed at Old Downtown Granite City

NEWS BRIEFS

Granite City Township

APPLE PICKING: Granite City Township Supervisor Bob Shipley is sponsoring an apple-picking trip to Eckert's in Grafton on Friday. Transportation will be provided at no charge. Buses will leave the Nelson Haganer Town Hall at 9 a.m. and return at 2 p.m. Bring a sack lunch. To make reservations call the Township today, Wednesday, at 877-8585.

Granite City

ARCHAEOLOGY AWARENESS WEEK: The Old Six Mile Museum, 3279 Maryville Road, will present information on the Archaeology of the American Bottom as part of Illinois Archaeology Awareness Week, Sept. 15-21. The extensive collection of artifacts and written displays will be on display from 1 to 4 p.m. Sept. 15 and 21. Special tours for groups of 10 or more at other times during the year may be scheduled by calling 931-3023.

Metro East

PUBLIC COMMENT SOUGHT: The East-West Gateway Coordinating Council is seeking public comment on a schedule of transportation-related projects that includes the major transit, road and highway improvements to be made in the St. Louis area over the next three years. The schedule is included in the Transportation Improvement Program (TIP), which divides up \$1.1 billion in federal money for 655 transportation, transit, highway and bridge projects in the eight-county St. Louis region for fiscal years 1998 through 2000. Council, local government representatives and Illinois Department of Transportation officials are expected to attend the meeting. The meeting for the Metro East will be from 4 to 8 p.m. Thursday at the St. Clair County Courthouse, 10 Public Square, Room B504, in Belleville.

Rights authority to meet

The Metro East Regional Human Rights Authority of the Illinois Guardianship and Advocacy Commission will meet at 7 p.m., Sept. 11, at the Granite City City Hall, 2000 Edison Avenue. They will review and discuss complaints concerning allegations that the rights of persons with disabilities are being violated at private and public facilities that provide mental health or developmental disability services. The Human Rights Authority is a panel of nine citizen volunteers appointed by the commission and empowered by

statute to investigate alleged violations of the rights of persons with disabilities. The Metro East Regional Human Rights Authority serves 12 counties in central Illinois and is currently investigating cases in Madison, St. Clair, Montgomery, Macoupin, and Clinton counties. If you believe the rights of a person with disabilities are being violated, you may report this at the meeting or contact the Authority's Regional Coordinator at 4500 College Avenue, Alton, IL 62002, or by calling 462-4561. All complaints are kept confidential.

Target offers scholarships

Applications are now available at Target for its \$1.8 million All-Around Scholarship program. The program will provide more than 1,500 high school students with money to help finance their post-secondary education. Two scholarships will be distributed per Target store. High school seniors may pick up applications at their local Target store. Completed applications must be postmarked by Dec. 15. A panel of independent judges will review applications, and

recipients will be notified on or about May 15, 1998. Criteria for Target All-Around Scholarship applicants include description of the length of time and number of hours of community volunteer service; the applicant's list of volunteer leadership awards and honors; appraisal form to be submitted by a supervisor or volunteer leader; the applicant's short essay on volunteer service; and a transcript verifying a grade point average of C (2.0) or higher.

Garden clubs meet

A meeting of flower show chairmen and club presidents of District V Garden Clubs was at Eden Village in Glen Carbon Aug. 18, to go over last minute plans for the Oct. 4 flower show. The schedules are complete and distributed to members, so they can select classes they wish to enter. The schedule was written to coincide with the new 1997 Flower Show Handbook issued by National Council of State Garden Clubs, Inc. The free flower show will run from noon to 5 p.m.

NOTICE TO PUBLIC

the insert for
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appearing in today's Journal incorrectly states the price for gas or electric ranges. The price should only be \$299 NOT \$899. We apologize for any inconvenience this may have caused.

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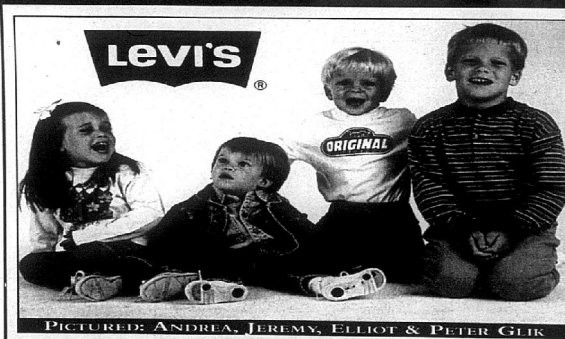
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NEWS

29 arrested for trespassing

A group of adults and juveniles were arrested early Saturday in Mitchell, when they apparently joined one man to look for another man to fight.

The Madison County Sheriff's Department responded to an anonymous tip at 12:04 a.m. Saturday that resulted in 29 arrests.

Police made 28 arrests of several men, women and juveniles for criminal trespass to property. All the suspects were later released. One man was also charged with criminal damage to property. Police

also arrested Jeffery Winn of Granite City for criminal trespassing and obstructing an officer. He was released to the custody of jail personnel.

Police gave the following account: The Sheriff's Department was told a large group of vehicles was heading toward the Operating Engineers Hall, 520 Engineer Road in Mitchell, that some of the occupants may have been armed and they were going to cause a disturbance at the hall.

Approximately 30 vehicles

were seen heading toward the hall.

The responding deputy ordered all occupants out of their vehicles and to lay prone on the ground. All complied, but one man raised himself off the ground and shouted at the deputy to put her gun away. She ordered him down, told him because of the information he had, she would keep her weapon drawn.

Again, the man shouted at the deputy, while his friends told him to "shut up and listen." After more deputies

arrived, Winn was taken into custody.

Pontoon Beach and Granite City police arrived on the scene. Police seized a baseball bat, a tire tool and several metal pipes as evidence. No weapons were found on the 29 adults and juveniles.

The disturbance was apparently the result of one man, along with several of his friends, out looking for another group of individuals over a marital disturbance.

— Scott Kelly



Staff photo by JOHN FRESA

Local horse to miss charity show

By Cheryl A. Moody
Staff writer

Jim Bivens' favorite animal is "Mouse." Mouse is his 7-year-old registered quarter horse.

Although Bivens, a Belleville area resident, won't be showing Mouse in this month's St. Louis National Charity Horse Show in St. Louis, he plans to show her next year.

"Mouse is on maternity leave," Bivens said. "I have

won everything there is to win with this gray mare."

The 20th annual St. Louis National Charity Horse Show will take place Sept. 17-27 at Greentree Arena at Queeny Park in West St. Louis County.

In 1996, Bivens won the Open Western Pleasure division and in 1996 the Amateur Western Pleasure division.

Mouse has also won horse shows at the Illinois and Missouri State Fairs and in other states.

Bivens, 45, said he rode his first horse when he was in fourth grade and began showing horses when he was in

junior high school. Bivens met his wife, Debbie, while performing at horse shows.

"As kids, Deb and I grew up with horses," Bivens said. "My dad grew up using horses to do farm work."

After Deb and Jim were married in 1985, they began raising registered quarter horses. Today, they still raise and show them.

The first week of the event will feature hunter-jumper competition and culminates with an Olympic style-grand prix jumping event.

The second week highlights

American saddlebreds, road ponies, Arabians, western stock and national show horses.

Daytime classes are free and evening general admission tickets are \$5 each. Children under six are admitted at no charge.

General admission tickets to grand prix are \$10 per adult and \$5 for children 12 and younger. For additional information, call (314) 227-3580 or (314) 227-6959.

St. Clair Square walking club forming

St. Elizabeth's Hospital and Southern Illinois Heart Institute will establish a mail-walking club based at St. Clair Square shopping mall in Fairview Heights.

Kick-off day for the club will be Wednesday, Nov. 5, with a membership drive to take

place during October.

Membership in the SIHH Walkers Club will be free to the public. Member benefits will include free weekly consultations — beginning Nov. 5 — with health professionals at the St. Elizabeth's-SIHH mall healthport (display booth),

located in the center court of St. Clair Square.

Professionals staffing the booth will include cardiologists, exercise physiologists, registered nurses and registered dietitians, all on a rotating basis.

Asthma, Allergies and Achoo...

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Program:

Two concurrent sessions will be conducted.

Parents will learn about the basic medical factors and causes of asthma; understand the diagnosis and treatment of asthma and identify emotional problems associated with asthma. This program also would be beneficial for school nurses, teachers, coaches and day care providers.

The children's program, geared primarily toward children ages 6 to 13, will combine education and exercise.

Date, Time and Place:

Monday, September 22, 1997
7 p.m.

Memorial Hospital's Auditorium

Registration:

Registration is limited and reservations are required.

Information:

To register, call Memorial's Community Relations Department at (618) 257-5649.



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Edgar

(Continued from Page 1A)
state's ethnic diversity and heritage.

At Cahokia Mounds, erosion has created a serious threat to the temple mound and renovation is under way.

"We're spending a little over \$2.5 million in trying to preserve Monks Mound," Edgar said. "It's had some problems as far as erosion and other natural difficulties that we want to make sure we take care of so that mound will be there for another thousand years."

Monks Mound is the largest prehistoric earthwork in the western hemisphere, and is visited by more than 400,000 people each year.

The mound, covering 14 acres, was built in stages between A.D. 900 to 1200 by the Mississippian culture.

The repair projects began in July and should be complete in December. Monks Mound is closed to the public until the work is completed.

"Illinois became involved in this restoration project after erosion and weathering resulted in a serious threat to one of the most significant prehistoric cultural sites in North America," Edgar said. "More than 400,000 people visit Cahokia Mounds every year to view the historic site's award-winning interpretive center."

"This repair work represents our continuing commitment to preserving Illinois' historic and cultural resources."

"I'm very pleased with the way it's coming along and look forward to coming back next spring and going up the new steps," he said.

In Granite City, Edgar stressed the importance of the cultural diversity of Illinois residents, and said strong ethnic ties encouraged stable families and better communities.

"One of the things involved in Illinois politics is ethnic communities," he said. "A lot of politics, particularly in the Chicago area — is still done through the ethnic communities."

Edgar said that was the "fun" part of state politics. "I grew up in an area that is pretty WASP," he said. "One of the things I've come to really enjoy and be involved in is the state of Illinois and state politics is the ethnic diversity and the real love that these people have for their heritage."

"You learn a lot about the rest of the world through these groups, too," Edgar said.

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OBITUARIES

Ronald Christ

RONALD GENE CHRIST, 33, of Hillsboro, formerly of Granite City, died of cancer Sunday, Sept. 7, 1997, at Hillsboro Area Hospital. He had been ill for five months. He was born February 12, 1964, in East St. Louis.

Mr. Christ worked as a painter for Jom Sign Company in Hillsboro and was formerly employed as a sales representative for Rite-way Products Inc. in St. Louis. He was a 1982 graduate of North High School and a member of St. Agnes Catholic Church and the Knights of Columbus in Hillsboro; member of the Cahokia Mounds Council of the Boy Scouts of America in Granite City and attained the rank of Life Scout and was a vigil honor member of the Order of the Arrow, Cahokia Lodge.

Survivors include his wife, Becky (Joni) Christ, whom he married July 2, 1988, in Hillsboro; two sons, Anthony (Tony) Christ, and Brian Christ; his father, Jerry Christ, of Collinsville, and his mother, Carol Gene (Claus) Christ of New Douglas; one brother, Jerry Jr. Christ of Troy; two nephews, Mickey and Justin Christ of Troy; and grandparents, Frank and June Christ of Cobden and Helen Claus of Granite City.

Visitation was Tuesday at the Patton Memorial Home in Hillsboro for friends. Services will be held today, Wednesday, Sept. 10, 1997, at 10 a.m. at St. Agnes Catholic Church in Hillsboro with the Rev. George Morelock officiating. Burial will be in St. Agnes Cemetery in Hillsboro.

Memorials are suggested to the Tony and Brian Christ Educational Fund at St. Agnes Catholic Church.

Frank Pavlin

FRANK PAVLIN, 65, of Woodford, Va., formerly of Collinsville died Thursday, Aug. 28, 1997, at his home. He was born in Frontier, Wyoming.

Mr. Pavlin had retired as a captain in the U.S. Navy after 26 years of his last assignments included director of supply operations at Defense Electronics Supply Center and director of the northeast region of Naval Audit Service in Dayton, Ohio. After retirement he was employed by NCR Corp. in Dayton.

Survivors include a daughter, Cynthia Hedge of Kettering, Ohio; a son, Mark Pavlin of Dayton, Ohio; two brothers, George Pavlin of St. Louis and Mike Pavlin of Cantrill; one granddaughter, and his fiancée, Joanne O'Quinn.

A graveside service was held Sunday, Aug. 31, 1997, at Lakewood Cemetery in Bowling Green, Va., with the Rev. Rick Love officiating. Memorials are suggested to Bethel Baptist Church Pew Cushion Fund, c/o William Pickett, 13207 Paige Road, Woodford, Va. 22560.

Arrangements were handled by Stork Funeral Home in Bowling Green, Va.

Andrew Gitchoff

ANDREW C. GITCHOFF, 79, of Granite City died Sept. 5, 1997, at 11:29 a.m. at St. Elizabeth Medical Center in Granite City. He was born Feb. 1, 1918, in Madison.

Mr. Gitchoff was owner and operator of Gitchoff Agency, which rendered Insurance, Real Estate and Accounting Services. He was a member of the W.W. II veteran of the Army; member of Granite City D.A.V. Amvets, Granite City V.F.W. Post 1300, Elks Lodge 1063, Chairman of the Board of Review in Madison County, and graduated with two Bachelor's Degrees from St. Louis University in Accounting and Business.

Survivors include his wife, Vivian (Riggs) Gitchoff, whom he married in 1946; and one daughter, Tina Riddle of Las Vegas.

He was preceded in death by his

parents, Chris and Sophia (Condon) Gitchoff, and one brother, Milo Chris Gitchoff.

Funeral services were Tuesday Sept. 9, 1997, at St. Cyril and Method Eastern Orthodox Church with the Rev. Emanuel Hatzidakis. Burial was in Sunset Hill Cemetery in Glen Carbon.

Arrangements were handled by Irwin Chapel.

Memorials are suggested to Greek Orthodox Church Saints Constantine and Helen.

Nathan McClain

NATHAN A. MCCLAIN, 24, of St. Louis, formerly of Granite City, died Sept. 7, 1997, in Louisiana, Mo. He was born Aug. 6, 1973, in Granite City.

Mr. McClain was self-employed as an artist. He was a member of Nameoki United Methodist Church in Granite City.

Survivors include his father and step-mother, David A. and Suzanne McClain of Glen Carbon; and his grandparents, Willie and Eva Shepherd of Granite City, and Reva McClain of Cape Girardeau, Mo.

He was preceded in death by his mother, Lynn E. Shepard, on Nov. 29, 1993.

Funeral services will be 10 a.m. on today, Wednesday, Sept. 10, 1997, at Nameoki United Methodist Church, 3560 Manville Road with the Rev. Jame Halls officiating. Burial will be in Sunset Hill Memorial Estates in Glen Carbon.

Memorials are suggested to Nameoki United Methodist Church.

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ORGANIZATIONS

The American Legion Auxiliary, Department of Illinois, held its 77th Annual State Convention at the Holiday Inn East in Springfield, from July 16th through the 19th 1997. Audrey Altberry of Carmi, as Department President conducted the business meetings.

Dorothy Hinson, Past Department President, from Venice-Madison Unit 307 conducted the Parliamentary Procedure portion of the Leadership course on Wednesday July 16th. She then served as Parliamentarian at the Executive Board Meeting on Wednesday evening and as Chairman of the Elections on Friday, July 18th. Miss Minson presented five scholarships to students already in college as an alternate members of the Education Committee on Saturday, July 19th.

Norma Miller, Fifth Division President from Venice-Madison Unit 307, received two plaques for the Fifth Division. The first was being the highest in membership by Convention by any Division. The second was a Second Place plaque for donations to the American Legion Gifts to Yanks program.

Other highlights of the Convention were the presentation of 25 Nurses Scholarships by the Past Presidents. Parley of the Department. Each scholarship was for \$1000. 23 Educational Scholarships for students just entering college. These ranged from \$1200 to \$800 scholarships were awarded to Junior Auxiliary members just entering college.

Second place award was received by Venice-Madison Unit 307 for their work and

contributions in the Veterans Affairs and Rehabilitation Program. Dorothy Hinson received a citation from the St. Louis V.A. Medical Center for donations, volunteer hours, and participation in activities for the hospitalized veterans at the John Cochran Division of the V.A.

Special guest speakers were Richard Snodgrass, Department Commander of the American Legion; Thomas E. Cigna; Detachment Commander.

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•Parade

(Continued from Page 1A)
dressed, according to Sandy Crite, Drug Free 2000 president.

The parade will start at 11 a.m. Sept. 27 on the 2300 block Street, then State Street and end on the parking lot behind Granite City High School. Parents should pick their children up there.

Those wanting to participate in the parade should call Assistant Police Chief Kip Pomeroy at 451-9760. Parade lineup will begin at 10 a.m.

DARE Officer Phil Popmar-

koff is co-chairing the parade committee, and Mayor Ron Selph will present his Mayor's Trophy for the best parade entry during the opening ceremonies.

The DARE Bear will serve as the parade's grand marshal. Other anticipated parade participants are the Granite City High School's Band, Pom Squad and National Honor Society; the police and fire departments; antique fire engines; Charity Cruise Antique Cars; St. Elizabeth's Cheerleaders; Tri-Cities Area United Way; Granite City 100

Voice Choir; members of the IOOF; DARE committee members; the Granite City Elks; Illinois Warrior Hockey Team; Mitchell Girl Scout Troops; essay and poster contest winners; and participants from various schools.

Opening ceremonies will be at noon at the Wilson Park ice rink with the high school band performing. According to Drug Free 2000, the Granite City 1000 Voice Choir will perform "It Takes a Whole Village" to illustrate that it takes a whole city to raise a child today. Awards for the essay and poster

contest winners will be presented.

On stage from noon to 4 p.m. will be local entertainers including the pom squad; Sweet Harmony; the Mexican Honorary Dancers; the Holy Family Guitars; Little Miss Illinois Heather Hays; Granite City Police Officer John Apperson performing a magic act, with Jeff and Lori performing throughout the afternoon.

Drug Free 2000 T-shirts will be sold during the afternoon. Essay and poster contests will be available.

•Venice

(Continued from Page 1A)

demanded money. When he said he had no money, the suspect allegedly struck the man in the head with the handgun. At that time a second subject entered the room and allegedly began beating the wife. The victim said he saw a third suspect in the house, but he never entered the bedroom.

The assailants ransacked the

house, stole the couple's vehicle keys, and pulled the telephone cord out of the wall before leaving in the couple's truck, a 1990 Ford pickup.

The couple was treated at St. Elizabeth Medical Center in Granite City.

Police described the three suspects as young black males with slim builds. One was armed with a nickel-plated handgun.

•Choice

(Continued from Page 1A)

Ballots must be returned by Friday, Sept. 27.

The questionnaire has been updated to reflect kids' interests in 1997. New questions include favorite web site and favorite Beanie Baby.

Old Newsboys Day is a St. Louis tradition. Begun by the Globe-Democrat in 1957, the Old Newsboys Day fund drive has raised almost \$6 million for local children's charities.

On Old Newsboys Day, thousands of volunteer newsboys will blanket local street corners to peddle the special edition newspapers.

•Bathon

(Continued from Page 1A)
ment return possible. It would be a new challenge.

Bathon has been county auditor for nine years. During that time, his office has received 11 national awards; eight for excellence in financial reporting and three for innovative countywide financial programs.

"I enter this race confident of my ability to be a good treasurer," Bathon said. "I've worked hard to earn a reputation as a good elected

official and a good financial manager. My education and experience have prepared me well for this position."

Before becoming auditor in 1988, Bathon had been the chief deputy auditor for more than seven years. Before that, Bathon had served almost two full terms as treasurer of the city of Madison.

He and his wife, Terri, have three children. A graduate of Southern Illinois University at Edwardsville, Bathon serves on the Catholic Children's Home Advisory Board. As a youth, he lived there for 12 years.

SIUE offers bike courses

Free motorcycle courses will be offered at Southern Illinois University at Edwardsville beginning Sept. 12. Course 16 is Friday, Sept. 19, from 6-8:30 p.m.; and Saturday and Sunday, Sept. 20-21, from 8 a.m.-6 p.m.

Motorcycles, helmets and insurance are provided free. Students enrolling must be 16 years of age.

Students must also be Illinois residents and possess a valid driver's license or permit.

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Mature Lifestyles

Class of 1937 — The Collinsville High School Class of 137 held a 60th class reunion July 26 at the Holiday Inn in Collinsville. Those attending included, front from left: Virginia (Butler) Witte, Josephine (Diaz) Krause, Margorie (Acardi) Drenkhahn, Mildren Eigenbrodt, Ruth (Keepman) Brett, Irma (Best) Htig, Irma (Busiek) Garrison, Geraldine Best, Ann (Haak) Medacdo, Mary (Molinar) Bethel; second row: George Robinson, Marvin Daudeman, VErnon Genetti, Edith (Dietchman) Reiman, Ruth (Phleger) Meily, Corla (Benry) Gudlock, Celine (Oberto) Kaiser, lone (Ardison) Gribler, Elsie (Janosky) Libich, Marilyn (Kennedy) Bosen, Lenore (Krause) Parker, Raymond Zeisel, Delmar Valine, John Deller; third row: Fred Turner, Orville Comer, Hewitt Cravens, Harold Schroeppel, Clarence Kosten, Howard Hough, Edward Bosen and Lenine Condellone.



(Photo by JIM HERREN PHOTOGRAPHY)

82-year-old still gets a kick from working

By Cheryl A. Moody
Staff writer

Lifelong Belleville resident Lucy Biver has a good reason to get up in the morning. At 82, she still works.

If you visit the Swansea Dairy Queen, you just might get to meet Biver as she smiles and asks, "May I help you?"

"This makes me get up and get going," she said. "I enjoy being around people and this gets me out in the public."

Biver has worked at DQ for two years. She works 25 hours a week, Monday through Friday. She went to work at DQ after Kaffers Restaurant on West Main closed. She worked there for nine years.

"I wanted to keep working," Lucy said. "I wasn't old enough to quit yet."

She said now many of the Kaffers customers visit her at DQ.

"People from Kaffers come in here and say, 'So this is where you are now,'" she said.

Other regulars who stop in to see her include her daughter, Patricia Prosser, from Belleville, Fairview Heights Mayor Gail Mitchell, and his wife, Vera.

"She's so sweet and pleasant," Mitchell said. "We enjoy going in there just to talk with her. She reminds me of my mom." Biver said while her



Bill Moerchen buys a treat from Luch Biver at the Dairy Queen.

favorite DQ food to serve is the chicken strip baskets, her favorite DQ food to eat is the fish sandwich. And she really likes the plain vanilla ice cream cone.

Her fondness for vanilla icecream started when she was around 6 years old.

"We used to make homemade vanilla ice cream," Biver said. "It was always vanilla. I would take the paddle and lick the ice cream off the paddle." Biver said standing on her feet from 11 a.m. to 4 p.m. each day does not make her

tired. She cuts her grass and does all her housework.

"I don't know how long I'll be working here — as long as my health lets me," she said. "This is one of the most fun jobs I've ever had."

"I don't know how long I'll be working here — as long as my health lets me. This is one of the most fun jobs I've ever had."

Lucy Biver
Swansea Dairy Queen

You need to know cholesterol level

A blood cholesterol level of 240 mg-dL or greater is considered "high" for adults. If your blood cholesterol is 240 mg-dL or greater, you have more than twice the risk of developing heart disease as someone whose cholesterol is 200 mg-dL, and you need to seek advice from a doctor who should conduct more tests.

But any cholesterol level of 200 mg-dL or more, even in the "borderline-high" category of 200-239 mg-dL, increases your risk of heart disease. Levels less than 200 mg-dL put you at lower risk for heart disease. However, it does not mean no risk.

Risk can also be increased by cigarette smoking, high blood pressure, obesity, physical inactivity, diabetes mellitus, age, male sex and family history of premature heart disease.

Eating a diet low in saturated fat and cholesterol and getting regular physical activity can help maintain a desirable level of blood cholesterol.

The way diet affects blood cholesterol varies among individuals. Blood cholesterol does increase in most people when they eat a diet high in saturated fat and cholesterol and excessive calories.

Of these, dietary saturated fat has the greatest effect while dietary cholesterol has less.
(By Carol C. Schlitt, extension, nutrition and wellness; University of Illinois Extension Line to St. Clair and Madison counties.)



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resident

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Mature Lifestyles

Retirement communities are increasing in numbers

Retirement communities are increasing in number throughout the country and the Midwest is certainly no exception. The advancing technologies in health care services, healthier lifestyles, and early retirement have all contributed to living longer and healthier lives than past generations. The average American will live an additional 15 years after retiring and the market is definitely reaching out to them.

Retirement communities vary greatly, but have some basic similarities. Most com-

munities consist of independent apartments. Like any apartment complex, residents drive their own cars, cook their own food, do their own shopping and live independently from each other. Many retirement communities offer services on the premises to encourage independence. Necessary services like transportation, a dining room, maid and linen services are available to those who may not drive or simply do not wish to cook for themselves. Security is another asset that most retirement

communities offer. Patrolled grounds or locked doors limit accessibility and require outsiders to enter through a manned entrance.

On the other hand, some communities practice an everything-under-one-roof philosophy. Their goal is to be able to provide everything that is necessary and accessibility to everything else. These retirement communities emphasize choice. They offer banking on site, physician and podiatrist visits, educational health-care services. Commu-

nities with a holistic approach present services for the mind, body, and soul. They have educational programs, speakers, and libraries. They encourage exercise, good diet, and fitness prevention. They offer multiple levels of health-care services. Spiritual needs are addressed according to one's own beliefs, through both ecumenical services and mass.

Retirement complexes offer a wide variety of social interaction and entertainment. They have planned trips to cultural events, such as plays, the art museum or fun outings to a gambling boat or to a Cardinals game. The company is great and transportation is free. Don't feel like going out? There is plenty happening on the grounds: crafts, billiards, card games, or committees to join. If you are a loner, enjoy a stroll on beautiful secure grounds or spent the afternoon in the library.

Health and independence are closely linked. Caring for one's own health needs is essential to maintaining independence. Retirement communities realize this association and plan programs and services to maintain residents' health. Dietitians plan well-balanced menus, exercise and dance classes are available, and educational speakers present updates on wellness issues. Some have nurses' clinics, to supply information and answer health related questions, or assist in monitoring hypertension or diabetes. Other communities associate with a home health agency to provide needed temporary in-home services.

A number of differing levels of health-care services exists. A skilled nursing unit is licensed to provide 24-hour skilled nursing services. Advanced health-care services may be available, such as physical, occupational, and speech therapies. Equally important is wound care, insulin regulation, or any service requiring licensed health-care professionals. Skilled nursing facilities are beneficial in recovery situations, such as a fractured hip or CVA, com-

monly referred to as a stroke. In fact, much of the care that was provided in hospitals in the past is now provided in skilled nursing facilities.

The shift in care providers was initiated by Medicare limitations on both the allowable number of hospital days and the reimbursement that hospitals receive. Some hospitals have responded by building or turning a part of the hospital into skilled nursing facilities in order to provide continued care. Even in a skilled nursing facility, Medicare reimbursement requires that the condition for which treatment is provided meets certain criteria and funding is limited to a maximum of 100 days.

There are many advantages to selecting a retirement community that offers the entire spectrum of services. Even if a particular service is not cur-

rently needed, it is reassuring to know that the services are available. Couples benefit by offering assistance to the care giving spouse. Residents have the freedom to move back and forth from one level of service to another without moving away from friends or their spouse.

Living in Your Golden Years is a monthly column, being sponsored by The Suburban Journals. The purpose is to provide information of interest to the senior population. Topics will cover the entire spectrum from health issues to travel spots. Comments or suggestions can be mailed to Vicki White C/O Suburban Journals, 219 N. Illinois, Belleville, Ill., 62220, or by phone at The Apartment Community of Our Lady of The Snows at 397-6700.



Kitty care — Emma Anderegg, a resident at Calvin Johnson Care Center in Belleville, gets a warm, fuzzy feeling as she pets a cat being held by Stephanie Hansberry.

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Delores Eilers, Ruth Paridy and Frank J. Bange having fun at the annual carnival.

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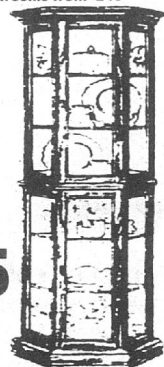
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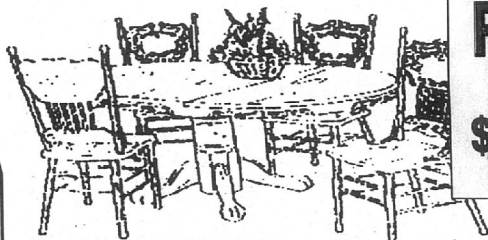


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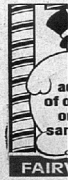
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FAIRY

SPORTS

Prep polls for
football, soccer
Page 4B

Silver Bullets named
Team of the Week
Page 2B

Granite City Journal

Section B

Wednesday, September 10, 1997

Twin 100s storm Gateway this weekend

Unlikely team, area favorites
among event's contenders

A month from now, Tony Stewart and Davey Hamilton will be squaring off at Las Vegas for the second Indy Racing League season championship. But on Sunday, Sept. 14, the pair will be teammates during the Gateway Twin 100s at the new Gateway International Raceway oval.

Stewart, from Rushland, Ind., and Hamilton, a native of Boise, Idaho, will be driving in the USAC Silver Crown Championship Series portion of the Gateway event in the cars fielded by veteran Indy 500 stars George Suidner and A. J. Foyt.

The pair adds further luster to a field that includes Winston Cup-bound Kenny Irwin Jr. of Indianapolis, defending Silver Crown champion Jimmy Sills of Placerville, Calif., and a nifty points battle between Donnie Beechler of Springfield, Ill., and Dave Darland of Kokomo, Ind., who are separated by just one point (323-322) going into the 80-lap Gateway race.

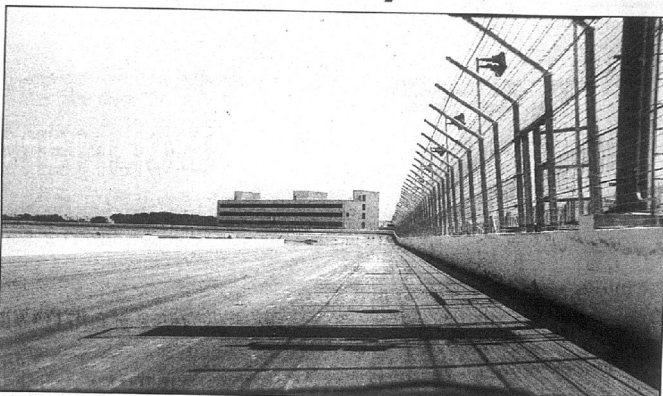
That's only half of the Gateway Twin 100s story. The

RACING

ARCA Bando-Mar-Hyde stock cars are running a 100-lap (125-mile) feature event on the 1.25-mile Gateway oval. Entered for that event is St. Louisan Mike Wallace, who will be taking a weekend break from his duties as the driver of Ken Schrader's entry in the NASCAR Craftsman Truck Series.

He will battle defending champion and current points leader Tim Steele of Coopersville, Mich. Mark Thompson of Cartersville, Ga., and Frank Kimmel of Jeffersonville, Ind. Also in the ARCA Gateway field is veteran Fredericktown, Mo., driver Perry Tripp, who finished seventh in last year's ARCA points chase, and Granite City native Rick Heuser, who is returning to the ARCA circuit in his own entry for this event.

Going into the Las Vegas IRL race in October, Stewart holds a 234-244 lead in the (See RACE, Page 3B)



(Staff photo by JOHN FRESE)

Seven ARCA cars and 10 USAC Silver Crown cars spent Thursday testing a track surface that was repaired after extreme heat during the Gateway 300 NASCAR Busch Series race on July 26 caused some pavement breakup.

Track takes turn
for the better

The talk Thursday was of track speeds and strategy, not track temperatures as the ARCA Bando-Mar-Hyde stock cars and USAC Silver Crown Championship cars went through an open test session on the 1.25-mile Gateway International Raceway oval in preparation for the Gateway Twin 100s, scheduled for Friday through Sunday.

RACING

Seven ARCA cars and 10 USAC Silver Crown cars spent the day testing a track surface that was repaired after extreme heat during the Gateway 300 NASCAR Busch Series race on July 26 caused some pavement breakup.

Under ideal weather conditions (mid-70s), and with a tougher topcoat of asphalt in the turns, there were no such problems Thursday. "We've had great response from the drivers and officials here, and the track held up as we thought it would," said (See TRACK, Page 3B)



Pat
Heston

Prep contest tests loyalties

I felt somewhat like the man who lived on the Mason-Dixon Line during the civil war.

One day, as the fighting got fierce and too close for comfort, he donned a blue shirt and gray pants, hoping that would keep him out of trouble with both sides.

But, within 60 seconds, he was shot in the stomach by a Confederate and in the seat of his pants by a Yankee.

So much for trying to please both sides.

I was in a dilemma Wednesday, covered the high school volleyball game between Granite City and Bethalto Civic Memorial.

Granite City sports is my

beat.

My daughter starts for CM's JV team.

My niece starts for CM's varsity team.

Like I said, I was in a dilemma.

The situation would have been easier to survive had either the Granite City fans or my wife, her mother, her brother and his wife stayed home. As it was, they all showed up.

Since official Journal protocol demands a particular office attire, and since I went to the game from my office, it was too late to run home and change into red pants and purple shirt.

I couldn't sit with my wife and her family. If I was caught cheering on the Lady Warriors, I faced the possibility of being disowned by the family, at best, or divorced by my wife, at worst.

Nor could I plop down among the Granite City faithful. If I were caught encouraging my daughter and niece in the heat of game action, I

(See PAT, Page 3B)



(Staff photo by JOHN FRESE)

Ty Suhre attempts a putt. Suhre shot a 39 at Arlington Golf Club on Aug. 28, helping the Warriors to a convincing victory.

Warrior squad in full swing

Coach pleased with team's effort

By Patrick C. Heston
Staff writer

The Granite City High School golf team, under the supervision of Boone Chaney, has looked good in the early going.

In a four-team affair held at Arlington Golf Club on Aug. 28, the Warriors swept to a convincing victory on the par-36 course.

Granite's four-man total of 151 strokes easily beat Civic Memorial (156), Highland (160) and Triad (160).

Jeff Jorden shot a 36 for nine holes for the best score of the afternoon, making him the medalist of the match. Brett Briggs and Dan Harper both were right behind with scores of 38, while Ty Suhre shot a 39.

Among the other Warriors on the course, Matt Foley finished with a 40, Steve Schroeder shot

GOLF

a 42, Matt Roustio had a 44 and Brett Solberger managed a 46.

"I'm very pleased with the way we are playing," said Chaney. "Anytime you can get your top players to get under and stay under 40, you have to be pleased."

On Sept. 3, the Warriors played at Oak Brook where they finished second to the Edwardsville Tigers, trailing Edwardsville (149) and Granite City (155) were Triad (156) and Greenville (161).

"We came within six shots of Edwardsville on their home course, and that is something we can be proud of," Chaney said. "I'm pleased with how (See GOLF, Page 3B)

Points prove close at Tri-City Speedway

Tri-City's points battles in the NASCAR Winston Racing Series Modifieds, Busch Series Pro Stocks and Mountain Dew Street Stocks are so close that a matchbox couldn't be slipped between the combatants.

Belleville's Wayne Downing won the Sept. 6 NASCAR Winston Racing Series Modified feature, and the win allowed Downing to draw within two points of leader Ray Walsh of St. Louis going into this Saturday's NASCAR Winston Racing Series Championship.

Walsh won Saturday's Championship Sparkplug Shootout, a six-lap dash to determine the starting order for the first three rows in Saturday's 25-lap season championship feature.

Walsh will start from the pole with John Seets of Brighton alongside. Downing starts

RACING

directly behind Walsh in the second row with Mike Baggart of Wood River on the outside.

The third row is made up of Troy Walker of Troy, Mo., and Steve Grotz of Quincy.

John Dickerman of St. Louis, points leader by a margin of four over fellow St. Louisan Mark Freeman, won the Sept. 6 Champion Spark Plug Shootout and will start up front in next week's 25-lap season finale with Pat Ryan of East Alton on the outside.

In the second row are Mark Freeman and Brian Crouch of Troy, Mo.

Rob Simpson of St. Louis and Tony Sarkis of St. Louis make up the third row.

Defending champion Max (See POINTS, Page 3B)



Eddie Connolly runs ahead of Mater Dei's Scott Line-mann.

Wildcats run wild in meet

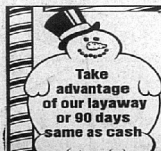
By Patrick C. Heston
Staff writer

The Salem Wildcats swept the field in 1997 Granite City Cross Country Invitational on Saturday.

CROSS COUNTRY

Under sunny skies and with temperatures hovering around 72-degrees, 24 teams took to the course at 10 a.m. for both boys and girls varsity competition and freshman-sophomore boys competition.

The lone Lady Warrior in the girls varsity race was Brandi Lassen, whose time of 18:31 (See RUN, Page 3B)



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Potato Classic
The 13th annual "Potato Classic" golf tournament will be held Sunday, Sept. 7, at Arlington Golf Club in Granite City.

The event will be a four-person scramble.
The Potato Classic is a charity event and carries an entry fee of a box of bag of non-perishable groceries and \$20 per person. Groceries will be donated to the Phoenix Crisis Center. A steak dinner and awards presentation will follow the tournament.

Sign up, register and pay green fees at Arlington.
Golfers in the tournament will try for numerous prizes, including a new car. \$200 will be awarded to the winner of the "Potato Potato" contest.

Places are limited.
For more information, call Joe Papa at 451-8062.

Fastpitch softball
The St. Louis Sluggers girls fastpitch softball teams are looking for players. The 14-and-under team needs one or two position players for the 1988 100-game season (catcher, third base, infield-outfield). The

team is open to players born after Aug. 31, 1969. For more information call Mike Grasso at (314) 532-3218.

The 13-and-under team needs two position players for 1988. Girls born after Aug. 31, 1969 may call Ken Lommel at (314) 458-5408. The 11-and-under team will hold tryouts Aug. 30 for girls born after Aug. 31, 1985. For more information, call (314) 894-7069 or (314) 532-3218.

Fall baseball
Baseball players born between June 1, 1979 and Dec. 31, 1992 are needed for a fall league in Florissant, Mo. Games will be played on Tuesdays and Fridays through October.

The fee is \$35. Players should have their own transportation to the F.A.A. fields. For more information, call Joe at 876-5755.

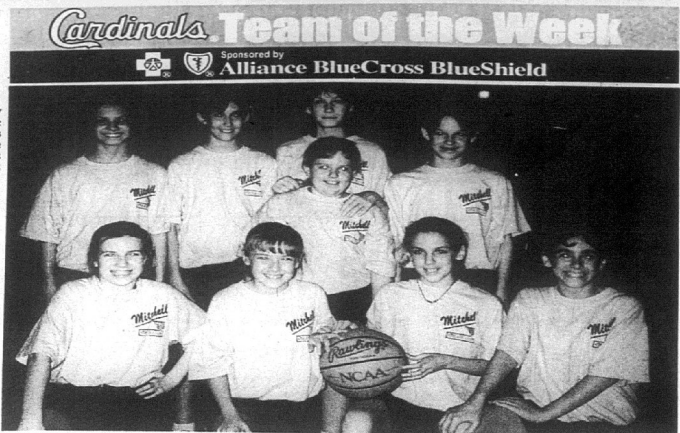
Lady Raiders softball
The Brighton Lady Raiders 18-and-under fastpitch softball team is holding tryouts for the 1988 season. For more information, call 372-0263.

LCCC tennis
Lewis & Clark Community College is offering athletic scholarships for its women's tennis team. Scholarships are available to full-time students carrying a minimum of 12 hours.

For more information, call the athletic office at 466-3411, extension 6002 or coach Ursprung at 466-3411, extension 4724.

LCCC basketball
The Lewis & Clark Community College fall youth basketball league will begin play Sept. 8-9. The league will feature a division for boys in 7th and 8th grade and a division for boys in 5th and 6th grade.

The cost to enter is \$300 and will help fund athletic scholarships. To register a team, call LCCC basketball coach Doug Stotler at 466-3411, ext. 6200.



The Silver Bullets girls sixth-grade basketball team won the Mac Basketball League and topped championship. The team was undefeated and posted a final record of 12-0. Team members include, from left, first row, Jessica Cavins, Trisha Dittamore, Jaime Prazma, Tshia Tomlinson; second row, Crystal Wyatt; third row, Emily Ligon, Gina Cusanelli, Amy Dix and Abby Bohnenstiehl. The team is coached by Don Dix and Jeff Ligon.

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P205/80R13	44	48	57	64
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P235/75R15/4	68	83	85
P255/75R15/4	71	85	—
P275/75R15/4	88	103	105
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31x10.50R15/6	96	114	114
33x12.50R15/6	—	133	137

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SPORTS

•Race

(Continued from Page 1A)

points over Hamilton. After dominating many early-season events including the Indy 500, Stewart claimed his first IRL win at the new Pike's Peak Speedway in Colorado Springs. That win helped him pass Hamilton, the early-season points leader who has third-place finishes at Phoenix, Texas Motor Speedway and Pike's Peak.

Stewart said he enjoyed the enthusiasm of the fans in Colorado and looks forward to the race at Gateway.

"When you build a track in a new area where people are starved for racing, they really respond," he said. "The enthusiasm really adds to the event."

In 1995, Stewart became the first driver in USAC history to sweep the Silver Crown, Sprint and Midget divisions. One of

his wins that season came at nearby Tri-City Speedway in Granite City during a USAC Sprint race — the last USAC event held in this area.

Amazingly, he and Hamilton have yet to taste victory in the Silver Crown ranks. Stewart had his best finish of 1997 two weekends ago at DuQuoin, Ill., moving from the 22nd spot in the starting grid to a third-place finish behind Russ Gamster of Peru, Ind., and Darland.

Hamilton has finished fifth in Silver Crown races at Phoenix and Pike's Peak.

Irwin, meanwhile, has won a pair of Silver Crown races at Pike's Peak and Indianapolis last season. Park when he has ventured from his current ride in the NASCAR Craftsman Truck Series to Silver Crown this season.

"Having the regular participation of up-and-coming stars like Tony Stewart, Davey

Hamilton and Kenny Irwin adds to the excitement of what we believe is the most exciting open-wheel racing series in America," USAC Executive Vice President John Capels said.

"The level of competition in our Silver Crown series has never been better. We're looking forward to putting on a great race for the people of the St. Louis-southwestern Illinois area, and we're excited to get the chance to run at one of the great new facilities in the nation."

Action begins Friday afternoon, Sept. 12, with practice and Talladega Pole Qualifying for the ARCA Bando/Mar-Hyde cars. Grandstand admission on Friday is free to the public.

On Saturday, Sept. 13, the USAC Silver Crown Championship cars practice and qualify, and the ARCA cars hold second-day qualifying for the final spots in their field. The USAC Silver Crown Championship

race is set for 1 p.m. on Sunday, Sept. 14, with the ARCA Bando-Mar-Hyde stock cars taking center stage at 2:30 p.m.

Saturday, general admission seats are just \$10, with children 12 and under free with a paid adult admission. On Sunday, adult reserved seats are \$35 and \$25 with children's tickets \$20 and \$10. Two-day adult combo tickets, priced at \$30 and \$40, are also available.

Tickets may be purchased at the Gateway International Raceway office, 700 Raceway Blvd. in Madison, at Metro-Trix locations. They can also be purchased by phone at (888) 827-7333 (82-SPEED).

Track officials urge all fans coming to the race to pre-purchase their parking and to have a lot assignment and directions to the lot before they come to the track.

•Run

(Continued from Page 1B)

was good for a 70th place finish in the 11-member field.

Trisha Hustedde of Salem won the race with a speedy 15:17, while teammate Erin McMullen finished third (15:29). O'Fallon's Jennie Illing was second, just two-one hundredths of a second off the winning pace.

Several area athletes fared well in the 2.3-mile race. Cahokia's "Wet" Winter (48th place), Angie Cox (100) and Cherilyn Pulley all covered the course in 22 1/2 minutes or less.

Collinsville athletes included Kara Walters (5), Cara Lemaster (8), Nikki Vaughn (23), Lauren Riley (34), Jeana Dietrich (44), Kelly Zickus (59) and Chelsea Ashbrook (70).

In men's varsity competition, which was along a more grueling 3.1-mile course, Salem again won top honors, edging Mt. Vernon 51-56. Collinsville was third, O'Fallon sixth, Belleville Eleventh and Belleville West 12th.

Nathan Purcell of Salem finished the course in 14:38, good enough for a first-place finish. Collinsville's Justin Wilson and

Chris Nuernberger finished third and fourth respectively.

Granite City had only two runners in the race. Scott Whitehead finished 73rd (18:37) and Eddie Connolly was 112th (22:37).

In addition to Wilson and Nuernberger, the Kahoks also placed Skip Johnston (29), Sean Flynn (30), Andy Westcott (48) and Jason Haisler (63).

Like Granite City, Cahokia had only two runners. Joe Johnson and Josh Harper both failed to finish.

In freshman-sophomore boys action, also covering a 3.1-mile course, Salem once more smoked the field, as Brian Diefenbach (16:40), Josh McDonald (16:43), Doug Malan (16:55) finished one-two-three on the day.

Granite City, which had five runners in the boys competition, placed two of them in the top 10.

David Elliff finished fifth in a fine time of 17:04, less than half-a-minute behind Diefenbach. And Kevin Adkins was seventh, covering the course in a nifty 17:20.

Other Warriors runners, with place and time in parenthesis, were: Dan Robinson (31,

18:41), Andrew Balcev (50, 20:16) and Richard Skirball (33, 20:32).

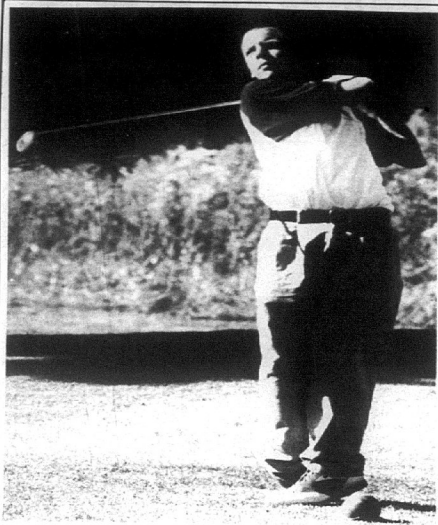
The Warriors, with 146 points, finished sixth behind Salem (24), Mt. Vernon (77), McCluer (114), Alton (126) and Chatham Glenwood (132).

Cahokia was seventh with 185 points.

Cahokia's Brian Alexander ran the course in 17:52 for a

13th-place finish. Other Comanches who fared well were Demond Dorsey (37), Jamal Pryor (40), Chris Wright (46), Adam Holman (49) and Scott Harper (60).

Other area athletes who ran included Noah Bruemmer, Sean McCarthy and Roger Hartman of Belleville East; Ramon Kelly and Eric Lund of Belleville West; and John Caselli and Allan Hsiao of Collinsville.



(Staff photo by JOHN FRESE)

Brett Briggs takes a swing.

•Golf

(Continued from Page 1B)

we are progressing so far this season."

Once more Jerden led the Warriors' attack with an even-par 35. Briggs followed with a 39, Suhre with a 40, while Roustio and Foley both chipped in with 41s.

Schroeder (42), Sollberger (45) and Harper (46) rounded out the scoring for GCHS.

•Track

(Continued from Page 1A)

Gateway President and General Manager Rod Wolter. "Because we were able to put down the new layers of asphalt at such high temperatures (270 degrees), our contractors tell us the softening temperature for those areas is in the 210-degree range. We were at 170 for the Busch Series race in extreme air temperature conditions (more than 100 degrees), so we believe we have that problem solved."

Defending ARCA champion and current points leader Tim Steele of Coopersville, Mich., had the quickest lap of the day with a time of 35.81 seconds (125.66 mph).

"We all heard stories from the Busch Series race (which had 14 cautions and numerous accidents), but the track is fine. It's smooth but it's very difficult in both sets of turns, and you have to adjust for that and get used to it," Steele said. "It's going to be a good, challenging race, and we're looking forward to getting our chance to run here."

•Pat

(Continued from Page 1B)

faced the potential of losing my job.

The JV game was a breeze. Since I wasn't covering it for the paper, I didn't have to be accurate in my score keeping. So I found an isolated seat and balanced my pen writing and my mouth shut.

The varsity game, however, was more of a challenge. I found a theoretically neutral spot (the scorer's table), kept my pen writing and my mouth shut. It worked. I got the story and

•Points

(Continued from Page 1B)

Kirkendall of St. Louis saw his points lead slip away to fellow St. Louisan Chris Simmerman after the Sept. 6 Mountain Dew Street Stock feature and now trails Simmerman by two points. Simmerman and Kirkendall are in the front row for Saturday's 25-lap race.

Bob Williams of Fairmount City and Rick Squires of South Roxana fill out row two, while Jerry Kiser of O'Fallon, Mo., and Roger Darden of Fairmount City are in row three.

Spectator gates open at 6 p.m. with racing commencing at 7 p.m. Admission is \$10 for adults, \$5 for students (11-17 years old) and \$2 for children (10 and under).

As always, there is an abundance of free, lighted parking.

Robby Flock of Murietta, Calif., had the quick lap in his lighter Silver Crown car at 32.67 seconds (137.80 mph).

"We run in the 25-second range at Phoenix and in the 25s at Pike's Peak (both one-mile ovals)," said Flock. "Here we're probably be in the 25s, I think. But we've got a long way to go. This track is really nice, but right now, we're skating a bit in the middle."

Veteran USAC driver Johnny Parsons of Indianapolis said. "It's going to be a very challenging race. You can't get the car dialed in for all four corners. You have to compromise in one corner or the other to get a happy medium. But it's great to see a facility like this in a market like this."

Steele, Mark Thompson of Cartersville, Ga., and Frank Kimmel of Jeffersonville, Ind., lead the ARCA regulars into their debut event at Gateway. With seven races remaining, Steele has 3,970 points to 3,835 for Thompson and 3,825 for Kimmel.

avoided the tar and feathers. And as of this writing, I still have a job with the *Journal* and am still happily married to my wife.

Though, I think, my mother-in-law still wants to disown me.

Patterson
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SPORTS

FOOTBALL

GRANITE CITY WARRIORS

1996 Record: 3-6
Conference: Southwestern
1996 Class: 6A
Coach: Nick Petrillo
School Record: 3-6 (2nd year)
Career Record: 3-6 (2nd year)

August	
29 Cahokia.....	L 6-37
September	
5 at O'Fallon.....	L 21-27
12 Collinsville.....	7:30 p.m.
19 ESL Lincoln.....	7:30 p.m.
26 Belleville East.....	7:30 p.m.
October	
3 at Belleville West.....	7:30 p.m.
10 at Alton.....	7:30 p.m.
17 East St. Louis.....	7:30 p.m.
24 at Edwardsville.....	7:30 p.m.

Soccer Poll

1. SLUH (1-0-1).....	48
2. Vianney (3-0).....	41
3. CBC (1-0-1).....	39
4. Rosary (3-0).....	28
5. St. Charles West (1-0-1).....	27
6. DeSmet (2-0).....	26
7. Rockwood Summit (3-0).....	16
8. Granite City (2-1).....	14
9. Chaminade (2-0).....	9
10. Oakville (2-1).....	7

Also receiving votes: Triad, Pattonville, St. Dominic, St. Pius, Collinsville, Francis Howell North, Lindbergh, Eureka, St. Mary's.

Journal Writers' Poll Football

LARGE SCHOOLS

1. Hazelwood Central (1-0).....	59
2. Pattonville (1-0).....	52
3. Edwardsville (2-0).....	49
4. Hazelwood East (1-0).....	41
5. Cahokia (2-0).....	36
6. Francis Howell (1-0).....	33
7. CBC (1-0).....	23
8. Parkway Central (1-0).....	18
9. Parkway South (1-0).....	7
10. Mehlville (1-0).....	6

Also receiving votes: Parkway North (0-1) and O'Fallon (2-0).

Journal Writers' Poll Football

SMALL SCHOOLS

1. Waterloo (1-0).....	53
2. MDCS (0-0).....	48
3. Eureka (1-0).....	47
4. Windsor (1-0).....	38
5. St. Charles West (1-0).....	37
6. Herculaneum (1-0).....	31
7. Lutheran North (1-0).....	25
8. McCluer North (1-0).....	17
9. Clayton (1-0).....	9
10. Crystal City (1-0).....	8

Also receiving votes: Berkeley (1-0), Vianney (1-0), Althoff (1-1) and Ladue (0-1).

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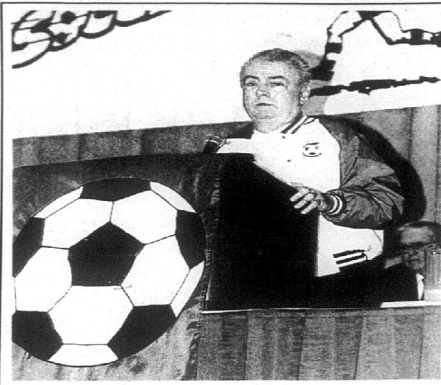
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(Staff photo by JOHN FRESE)
Legend — Granite City High School coach Gene Baker speaks at his induction into the St. Louis Soccer Hall of Fame.

W MATCHORAMA!

Match the wrestler with the correct letter!

**Sunday, October 5
5:30 p.m.**

WIN 2 VIP Seats and Meet & Greet a WWF Wrestler!

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Here's How To Win: Match the letter on the WWF wrestler with the name and send to Suburban Journals. One winner will be selected to receive two (2) VIP seats and meet and greet a WWF wrestler prior to the event on Sunday, October 5, at 5:30 p.m. Five runners-up will each receive a pair of tickets to the event. Entries must be received by September 26, 1997. One entry per person. All entries become property of the Suburban Journals. Send to: Matchorama, c/o Suburban Journals, 1714 Deer Tracks Trail, St. Louis MO, 63131

Name _____
Address _____
City _____
State _____ Zip _____
Phone _____ Age _____

Suburban Journals

Kids CAST YOUR VOTE!

in the third annual **CHILDREN'S CHOICE AWARDS**
for children and teens ages 19 and under.

RESULTS WILL BE PUBLISHED IN THIS YEAR'S OLD NEWSBOYS EDITION ON NOVEMBER 6, 1997

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Where is your favorite place to eat?
What is the best pizza in St. Louis?
What is your favorite pizza topping?
What is your favorite breakfast cereal?
What is your favorite vegetable?
What is your favorite ice cream flavor?
What is your favorite candy?
What is your favorite movie of all time?
What is your favorite all-time movie comedy?
Who is your favorite actor?
Who is your favorite actress?
Who is your favorite comedian?
What is the best book you ever read?
What is your favorite subject in school?
What is your favorite school activity?
What is your least favorite chore?
What is your favorite animal?
What is your favorite TV show?
What is your favorite TV personality?
What is your favorite radio personality?
What is your favorite radio station?
What is your favorite cartoon character?
Who is your favorite male singer?
Who is your favorite female singer?
What is your favorite group?
What is your favorite song?
What is your favorite Christmas song?
Where is your favorite place to go in St. Louis?
Where is your favorite place to go on vacation?
What is your favorite sport to play?
What is your favorite sport to watch?
What is your favorite non-sports thing to do?
Who is your favorite male professional athlete?
Who is your favorite female professional athlete?
Who is your favorite sports team?
What is your favorite video game/computer game?
What is your favorite internet web site?
What is your favorite board-type game?
What is your favorite Beanie baby?
Who do you look to as a role model?
What do you want to be when you grow up?

OLD NEWSBOYS DAY

Name _____
Age _____
City Of Residence _____
Phone _____

Fill out and return by Friday,
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St. Louis, MO 63131

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HOROSCOPE

Wednesday, Sept. 10
Since the moon is in straight-as-an-arrow Sagittarius and the sun is transiting through Virgo, everyone concentrates on completing the job. Adventurous souls find the shortest distance between two points, so there's no need to play it safe.
ARIES (March 21-April 19). Neither your colleagues nor your opponents can compete

with you. Make time to see family. Job obligations may prevent you from attending a social function, but nothing will be missed.

TAURUS (April 20-May 20). Singles are distracted by romance when they meet enticing new love interests on the job. A promotion adds to your many responsibilities. Be frugal, and your finances will be on track.

GEMINI (May 21-June 21). You can carve out a new niche for yourself in no time at all. Business trips lead to financial opportunities. A romance is possible with a schoolmate or a co-worker. Be diplomatic.
CANCER (June 22-July 22). Today brings a chance to bury the hatchet. Someone you once

helped now owes you a favor. Reconsider your stand on an important issue. A teacher or a supervisor excuses you from an inconvenient obligation.

LEO (July 23-Aug. 22). You and a distant love make plans for a reunion. Take vicarious pleasure in the success of a close friend. Help someone who has been recently unemployed. A temporary living arrangement becomes permanent.

TODAY'S BIRTHDAY (Sept. 10). You recognize the patterns of your daily life — don't let a negative habit stand in the way of you and your dreams. Rethink career issues, and you'll make more money before November rolls around. Best friends become lovers or business partners in December.

VIRGO (Aug. 23-Sept. 22). A recent success puts you in the spotlight. Use your newfound influence to affect and trigger change. A more experienced friend introduces you to something new. Prepare for a trip.

LIBRA (Sept. 23-Oct. 23). Spend time alone with your spouse or honey to rekindle romance. Singles seeking partners are looking too hard — just sit back, and let love come to you. You are strongly attracted to a Libra or a Scorpio.

SCORPIO (Oct. 24-Nov. 21). A

new job will be more lucrative. Sometimes, you must risk security to gain it. A relationship problem stems from your partner's low self-esteem. You'll have luck in games and money.

SAGITTARIUS (Nov. 22-Dec. 21). A hobby or a side job leads to new employment. Distance should not present a problem in maintaining a friendship. You receive brilliant recommendations if you're daring enough to ask for them.

CAPRICORN (Dec. 22-Jan. 19). You are introduced to a VIP. Avoid giving in to frustration too quickly on a creative project — have patience, and most of all, give it your all. Your sweetest pressure on you to do things his or her way.

AQUARIUS (Jan. 20-Feb. 18). Collaborations brings out your best qualities. A recent experience gives you new insight into the dynamic between relatives and co-workers. An unorthodox approach leads to a financial bonus.

PISCES (Feb. 19-March 20). A class or seminar is enlightening. Relatives could send you extra money now. Be especially tactful with a sensitive friend, or you'll find yourself regretting your conversation with him or her.

Pilobolus Too first in SIUE Arts series

The whimsical and weird energy of Pilobolus Too will open the 1987-88 season of Arts & Issues, the annual program of distinguished speakers and performers sponsored by Southern Illinois University at Edwardsville.

With the Sept. 18 performance of the two-person, creative dance troupe, Arts & Issues begins its 13th consecutive year of attracting Southwestern Illinois audiences. The dance concert is set for 7:30 p.m. in SIUE's Communications Building theater. The event is cosponsored by TheBank of Edwardsville.

The program, based on the well-known Pilobolus repertoire that has thrilled audiences worldwide, is a delightful evening of solos and duets full of humor, invention, and sheer physicality as the two dancers tie themselves into knots and defy the laws of gravity.

Subscription tickets for the upcoming Arts & Issues season, which includes eight events, are \$74; students, \$37; individual tickets for Pilobolus Too are \$12; students, \$6. To order subscription tickets, make checks payable to the SIUE Foundation and mail to: Arts & Issues Tickets, SIUE, Edwardsville, IL 62026-1083. Individual tickets are available at SIUE's University Center at the Union Station ticket office, (618) 692-2320.

Season ticket are available by phone at 314-533-7888 and by fax at 314-286-4111. Subscribers receive top priority for the best available seats and save up to 20 percent over single tickets.

Single tickets are \$14 to \$49 and are available at the Powell Hall box office, 341-534-1700, the Symphony Music School Ticket Center and all Metro Ticket outlets. Groups of 20 or more save 25 percent on individual tickets. For more information, call 314-286-4152.

Symphony offers Evening Pops.

New this season, the Saint Louis Symphony is offering two distinctly different pops series, the Friday Evening Pops and the Saturday/Sunday Matinee Pops.

The new Friday Evening Pops series begins Oct. 3.

Season ticket are available by phone at 314-533-7888 and by fax at 314-286-4111. Subscribers receive top priority for the best available seats and save up to 20 percent over single tickets.

Single tickets are \$14 to \$49 and are available at the Powell Hall box office, 341-534-1700, the Symphony Music School Ticket Center and all Metro Ticket outlets. Groups of 20 or more save 25 percent on individual tickets. For more information, call 314-286-4152.

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Additional information on classes may be obtained by calling 288-9664 or 656-2176.

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NEWS

SCHOOL MENUS

Granite City
Public Schools

Breakfast
WEDNESDAY, Sept. 10 — cereal, toast and jelly, banana, milk.
THURSDAY, Sept. 11 — french toast w/ syrup, pear halves, milk.
FRIDAY, Sept. 12 — breakfast pizza, raisins, milk.

Lunch
WEDNESDAY, Sept. 10 — beef and bean taco w/ lettuce and cheese, mixed vegetables, orange wedges, slice of bread, milk.
THURSDAY, Sept. 11 — Lasagna, tossed salad w/ dressing, garlic cheese bread, pineapple chunks, peanut butter cookie, milk.
FRIDAY, Sept. 12 — baked fish on bun, macaroni and cheese, slaw, apricots, milk.

Madison
Public Schools

Breakfast
WEDNESDAY, Sept. 10 — cereal, toast, milk.
THURSDAY, Sept. 11 — pop tarts, milk.
FRIDAY, Sept. 12 — cereal, toast, milk.

Lunch
WEDNESDAY, Sept. 10 — hot dog on bun, oven fries, peas, milk.
THURSDAY, Sept. 11 — spaghetti and meat sauce, garlic bread, tossed salad, pineapple, milk.
FRIDAY, Sept. 12 — cheese pizza, carrot and celery sticks w/ low-fat dressing, fruit gelatin, milk.

SENIOR
MENUS

Donations for noon meals are \$2. Call day ahead for reservation, 877-4373.

WEDNESDAY, Sept. 10
Ham and beans, cole slaw, cornbread, fruit cocktail.
THURSDAY, Sept. 11
Mushroom steak, whipped potatoes with gravy, Italian vegetables, wheat bread, cherry turnover.
FRIDAY, Sept. 12
BBQ boneless rib, au gratin potatoes, broccoli cuts, wheat bread, butterscotch pudding.

Venice
Public Schools

Breakfast
WEDNESDAY, Sept. 10 — toast and bagels w/ cream cheese or jelly, milk.
THURSDAY, Sept. 11 — grits, eggs, sausage, milk.
FRIDAY, Sept. 12 — pizza snack, fruit, milk.

Lunch
WEDNESDAY, Sept. 10 — hamburger on bun, cheese sliced, fried potatoes, corn, pickles, fruit, milk.
THURSDAY, Sept. 11 — ham rolls, rice, carrots, slice bread, peas, milk.
FRIDAY, Sept. 12 — fish fillet w/ bread, spaghetti, cole slaw, peaches, milk.



(Photo by SHIRLEY VALENCIA)

La Morena — From left, Kristin Sartin, Gabriela Briggs, Ashley Martinez, Sarah Garcia and Kali Lathrop form one of the groups of the Mexican Honorary Commission Dancers that will perform at the September Fiesta. Their dance will be "La Morena" meaning "the beautiful seniorita with dark skin." The fiesta will be held at the AMVETS Hall, 1711 Kennedy Drive in Madison. Doors open at 6 p.m. with the program starting at 7:30. Ethnic food will be served all evening. "Fanatic" will play a variety of salsa and Mexican music from 8:30 p.m. to 12:30 a.m.

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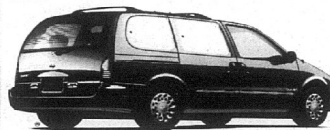
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Sunday Crossword Puzzle

Edited by Joyce Nichols Lewis

By THOMAS SCHIER

ACROSS

1 Comic Gilliam

4 Begley and Sullivan

7 Timon

11 Make — over: dots on

16 Bang-up

18 Leave alone

21 Way out there

22 Much, musically

23 Gere/Norton movie

25 Joy, to the —

26 French

28 Diphthong sense

29 River at Bern

31 Give a face-lift

31 "Heidenleben"

32 Gere/Connelly movie

37 Gere/Basinger movie

39 Wanted Gil

41 Fool

42 Hang out

43 — Rock:

44 Australian landmark

46 Actor Banderas

48 Fish feature

51 "Woman":

52 Gere/Hines movie

57 Animal house

58 Ballwicks

60 Donaldson and

61 Pierce Arrow

62 Last letter

64 Bunline and

65 Town

66 Pleasured with

69 Gere/Garcia movie

74 "Certainly, honey"

77 Minister

78 Barnyard belles

82 Knockout gas

83 Play jazz

88 Show partiality

89 "is me!"

89 Gere/Thuman movie

94 Coded matter

95 Unforeseen difficulty

DOWN

2 Picador's target

3 In the dark

4 Angled annex

5 Trims the roast

6 Components of

7 — Mahal

8 Strange sighting, for short

9 Inside the foul line

10 Ship's wooden

11 Dining in

12 Skater Sonja

127 With

128 Homeland of

129 Across

129 Party hard

130 Adorn

131 James of song

132 Explorer

133 Neil's, companion

17 Sends via the

19 Rural site

20 "— saw Elba"

24 JFK into

26 "— Know —"

33 Framework

34 Sucker Ron of

35 — miss: suddenly

36 Weighing

38 Workout abbr.

39 For the birds

40 — Family:

41 Sister Sleazebag

45 Mars' men

46 Perplexed

47 GI with stripes

49 Corporate

50 Bakery product

53 Perfume

54 Singer Viki

55 Sign to head

56 Clobberer

57 Whispered word

63 Fluminates

65 El stop

66 Letters from

67 Reasons for

68 Gere, for short

70 Spongy toy

71 — once:

72 Sense

73 Become

74 Sources for taxol

75 School on the

76 Rock climber's

79 Proletarian, e.g.

80 Between act and

81 Closely

83 Knock silly

84 Throw for

85 Batman's

87 "Unaccustomed

89 Not as cordial

91 "Hogwash!"

92 Musical term, in

93 Rialto words

96 Schmaltz

99 Old — veteran

101 Sidelinders

103 Words for one's

104 Patrick and J.R.

106 Dyan of Israel

107 Valuable

109 Word of

110 Not "for here"

111 Practice starter

114 Half a quartet

117 Classic villain

118 Cabinet dept.

120 Distant Analis

122 Word with

123 Lingerie item

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3

Today's Food

Wednesday, September 10, 1997

Food & Nutrition

Wise Ways

Call up the Internet for information on wholesome eating.

INSIDE

Heart-y Bites

A few tricks let kitchen magician pull chocolate rabbit out of a hat brimming with healthy habits.

INSIDE

Blue Ribbon Cook

Garden vegetables put seasonal stew in a flavorful pot.

INSIDE

Test Run

Skipping breakfast can be hazardous to one's production at work or school. A variety of frozen waffles is available for mornings on the grab-and-go schedule.

INSIDE

Micro Raves

Veal makes an easy and tasty transition from conventional to microwave cooking.

INSIDE

Lively Taste

For a lively taste on chicken, combine 1 teaspoon red pepper flakes, 1 teaspoon ground cumin, 1 teaspoon chili powder, 1 teaspoon salt and 1/2 teaspoon freshly ground pepper. Rub into all sides of chicken pieces. Refrigerate, covered, as long as overnight before cooking.

Health & Fitness

Medicine Chest

Headaches and sleeplessness may go hand-in-hand.

INSIDE

Fresh Picks

Slice up a variety of vegetables to top pizza. Use sliced mushrooms, thinly sliced zucchini or yellow squash or tomato, tiny broccoli florets, rings of red onion, diced red and yellow pepper and flavor with snipped fresh parsley, basil, rosemary or oregano. On almost-baked dough thinly covered with tomato sauce and cheese, bake veggie-topped pizza in a preheated 400 degree oven 8 to 10 minutes.

Big Fat Tip

At home, skinless white meat chicken or water-packed tuna can be nutritious choices, but a 1/2-cup serving of chicken or tuna salad prepared by a food outlet usually is made with mayonnaise and typically contains 11 to 18 grams fat and 175 to 250 calories. A lighter sandwich option when eating out may be a moderate portion of roast chicken or turkey with lettuce, tomato and a low- or no-fat enhancement like ketchup, mustard or a squeeze of vinaigrette. For salad, try strips of these sandwich meats over a bed of mixed greens with a light or fat-free dressing. If a mayonnaise-based salad is chosen, balance it with low-fat choices in the rest of the meal, including plain bread or rolls and fresh fruit.

Future Shop

What will replace Joe Camel for teens? One option coming on strong is the coffee bar, where young people get a different 'high' from sugar or caffeine. Iced and frozen coffees are the first line of use by pre-teens, who go on to designer coffees served hot. The habit may not be all bad, since milk-laden lattes deliver extra calcium to growing bodies.



meats, call toll-free 1-800-873-4353 or e-mail a request, with name, mailing address and zip code to: ky-gold@kellercrescent.com.

HAM

Ham steak is worthy of serving on china with silverware. Have it cut 1/2- to 3/4-inch thick and serve warm from an oven or grill.

For a cherry sauce topping, combine 3 tablespoons brown sugar, 4 teaspoons cornstarch, 1/4 teaspoon cinnamon and a pinch of ground cloves in a medium saucepan. Stir in 1 cup apple juice, 1 tablespoon vinegar and, if desired, a few drops red food coloring. Cook and stir over medium heat until thickened and bubbly. Cook and stir 2 minutes longer. Stir in 1 can (16 ounces) pitted tart red cherries packed in water, drained. Heat through.

Heating skewered ham, fruit and vegetables until browned makes an easy meal as well. Thread 1-inch chunks of ham, green and red bell pepper and pineapple on skewers. Brush a mixture of 2 tablespoons juice from pineapple with 1/2 cup honey and 1/4 cup (1/2 stick) margarine or butter, melted, on kabobs while they become warm and toasty. For a finish, serve the skewers over rice.

TURKEY

Ye olde turkey sandwich becomes a main dish meal when it goes on French rolls dressed with tangy flavor. Spread cut surfaces of four (6-inch) French or Vienna bread rolls with 1/2 cup Dijon mustard-mayonnaise blend, or a dressing made by

SEE DELI IN TODAY'S FOOD PAGE 2

By Janice Denham
Staff writer

Served on china or paper, some of the best meals are those that come with the least preparation. Lack of time can stir thought processes into carefully coming up with combinations that make delicious sense under time and logistical limitations.

Home-style flavors add zest to any plate. It is easy to pick up ham, turkey, roast beef and salad from a deli or meat counter that highlight roasting or cooking flavors or methods. Meat can be cut, sliced or trimmed to fit the meal. Simple sauces, side dishes or additions add crunch, cut calories and fat and turn a combination into a composition.

Even soups and chili from the deli get a punch of panache from a few simple ideas. Never settle for underchilled foods that should be cool or look old.

For a free "Best Deli" brochure filled with elegant and casual recipes featuring premium deli

Fruity Cut-Ups



The class cut-up may not always head to the top of the class, but after school cut-up fresh fruits get high marks served chilled with a favorite flavor of yogurt for dipping.

Arrange 1-inch pieces of banana, pineapple chunks and 1/2 cup chunks of mango or peeled papaya, and 1/2 cup strawberries or sliced kiwifruit on 5-inch skewers. Dip banana in pineapple juice, if desired, to avoid browning. Serve with strawberry or other fruit flavored yogurt.

Kids' Cuisine

Today's Food

Baked treats, pet potatoes fly over air show

At the St. Louis County Fair and Air Show on Aug. 30, the brownies, pies and Pet Potatoes in the Journal Fair Food Contest were flying as high as the parachutists, balloons, fireworks and lightshows.

About a dozen bakers and youthful decorators participated in each event. Fresh fruit pies ranging from cherry to strawberry, apple to blueberry, competed with the likes of chess, pecan and lemon meringue for flavorful merit.

Judges chose Lemon Chess Pie from Diane Grant, Chesterfield, as the top pie of the day. Its flaky crust and freshly whipped cream lifted it over the top.

Fruit-filled Picnic Pie from Shirley Luebbers, Oakville, came in second, while Sue Ann Babcock, Kirkwood, baked a Fourth of July — Happy Birthday Blueberry Pie with berries picked and frozen on Fourth of July for third place.

Other winning entrants in the contest were: Diane Mueller, Hazelwood, Black Bottom Pecan Pie; Gerry Berviller, Hazelwood, Apple Crumb Pie; Kathleen Ferder, Florissant, Louisiana Banana Pecan Pie; Janet Kurtz, Ballwin, Peaches and Cream Pie; Elizabeth Delbo, Ballwin, Caramel Apple Pie with Streusel Topping;

Robert Carpenter, Ballwin, Fresh Cherry Pie; Susan Daniels, St. Louis, Lemon Meringue Pie; Debbie Foulkes, south St. Louis County, Surprise Pie; and Claudine Leara, south St. Louis County, Toasted Coconut Pecan Pie.

Brownies were above good. They were better and best as judges found them with a selection of chocolate, banana, zucchini, nuts and cereal.

In fact, judges selected the Best Brownies of Debbie Schroeder, St. Louis, as their favorite. Easy to mix with a spoon, they bake with a ribbon of cream cheese and are topped with melted white and dark chocolate chips. Cookie Dough Brownies of Dana Hohenstein, Ballwin, captured second place and Nancy Kinder, Chesterfield, baked Fantastic Frosted Fattening Brownies, which added up to be in third place.

The rest of the assortment of brownies chosen for the contest were provided by Myra Grossman, Creve Coeur, The Best



Best brownies are hard to beat. Top prizes among the county fair entries in the contest sponsored by the Suburban Journals were brought by, left to right, Debbie Schroeder, Best Brownies; Dana Hohenstein, Cookie Dough Brownies; and Nancy Kinder, Fantastic Frosted Fattening Brownies.



Three cheers for pies brought to the Journal Food Fair Contest at the St. Louis County Fair and Air Show. From the dozen chosen to be baked for judging, an extra three cheers for the top winners, left to right, Sue Ann Babcock, Fourth of July — Happy Birthday — Blueberry Pie; Shirley Luebbers, Picnic Pie; and Diane Grant, Lemon Chess Pie.



Robert Carpenter, Ballwin, brought Fresh Cherry Pie to the St. Louis County Fair and Air Show. His 6-year-old son, Daniel, helped him pick sour cherries in their back yard from what could be the last such tree in the Cherry Hills Estates subdivision.

Brownies (cholesterol-free); Diane Waller, St. Louis, Banana Brownies; Pamela Kenney, Chesterfield, Aunt Janie's Iced Brownies; Heather Smith, Ballwin, Frosted Flakes Brownies; Barbara Rhyner, Kirkwood, Chocolate

Brownies; Nancy Flaherty, Kirkwood, Brownie Magic; and Ava Munoz, Kirkwood, Brownies Are Golden. Animals decorated by youngsters ranged from the famous, like Mickey Mouse, to the nameless, like a hedgehog and a parrot.



Brandy Voisey's Pet Potato is not an ordinary pig. She decorated it with a marshmallow snout, Doritos ears and broccoli stalk legs at the St. Louis County Fair and Air Show.

The artists, who had to use several varieties of food on their potatoes, were: Daniel and Shane O'Connell, south St. Louis County; Sarah Kiser, Maryland Heights; Sarah Hayley, Nathaniel and Abby Shaw, Creve Coeur; Ashley Heuer, Wildwood;

Rebecca Bowyer, north St. Louis County; Rachel Harris, University City; Maria Lombardo, Florissant; and Brandy Voisey, south St. Louis County.

All the recipes from the brownie and pie contests are available by sending a

BEST BROWNIES

- 1 cup (2 sticks) butter or margarine
- 1 cup granulated sugar
- 1 cup packed brown sugar
- 1 tsp. vanilla
- 4 eggs
- 3/4 cup cocoa powder
- 1 cup flour
- 1/2 tsp. baking powder
- 1/2 tsp. salt
- Cream Cheese Ribbon
- 6 oz. white chocolate chips
- 6 oz. semisweet chocolate chips

Preheat oven to 350 degrees. Grease 13-by-9-inch baking pan.

In microwave-safe bowl, melt butter in microwave oven on high power 2-1/2 minutes. Using wire whisk, stir in granulated and brown sugar and vanilla. Add eggs, one at a time, stirring after each addition.

Blend in cocoa. Add flour, baking soda and salt. Beat well, using a spoon.

Spread all but 1/2 cup cocoa batter into prepared pan. Cover with Cream Cheese Ribbon. Spoon remaining batter on top. Cut through batter with knife or swirl with spoon to marble.

LEMON CHESSE PIE

9-inch unbaked pie pastry

- 4 eggs
- 1-1/2 cups sugar
- 1/2 cup lemon juice
- 1/2 cup butter, melted
- 1 tsp. flour
- 1/8 tsp. salt, if desired
- 1 tsp. vanilla

Preheat oven to 350 degrees.

Beat eggs. Gradually beat in sugar. Add lemon juice, butter, flour and salt. Beat well. Add vanilla. Beat again. Pour into pie shell.

Bake in preheated oven 40 to 50 minutes until top is light golden. Do not overbake. Cool before serving.

Note: Fructose can be used instead of sugar.

self-addressed, stamped envelope to: Winning Fair Recipes, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo., 63131.

Proceeds from the county fair and air show went to local children's hospitals through the Children's Miracle Network. The Suburban Journals was a sponsor of the event at Spirit of St. Louis Airport.

Deli

Continued from page 1C.

mixing mayonnaise with a little French salad dressing or vinegar. Fill with sliced smoked roast beef and turkey breast, sliced American cheese, Swiss cheese, tomato and leaf lettuce. Add rings of pepperoncini pepper and sliced onion as desired.

Try mix-and-match textures in a club sandwich, just like the corner dime store would have fixed it. For instance, use sliced turkey and other sandwich ingredients between 3 slices of toasted whole wheat bread. Secure with toothpicks and cut in quarters. For a warm open-face meal, warm meat in prepared gravy and, if desired, a touch of wine, to serve over toast.

Take advantage of cooked turkey or any sliced meat for sandwiches. Warm turkey and cooked rice in sweet-and-sour sauce and serve in pita pockets, moisten beef with barbecue sauce and serve on buns, or add honey, orange juice and raisins to ham and serve on rolls or biscuits.

SALADS

The fat in deli salads can be very high. However, most also contain an overly generous amount of dressing, which usually is the culprit in providing the fat. What they provide in fat they usually lack in crunch, a quick admission that the salad is not prepared in the home kitchen.

It takes seconds to add a little grated cabbage, carrot and onion to a ready-to-serve slaw. It quickly is absorbed with fresh crunch by the dressing. The same principle applies to potato salad. Add leftover cooked potato and any other ingredient — like celery, broccoli, sun-dried tomato or pickle — to prepared salad for a homemade touch of texture.

Add diced apple or zucchini, raisins or dried cranberries to grated carrot salad. For a light touch, add a spoonful of honey.

Stuff a fresh tomato with pasta salad. Mini tomatoes become appetizers, while whole tomatoes turn into a main dish for lunch. For extra tang in beet salad, add a touch of horseradish.

Start with bean salad. Add broccoli florets, mushrooms, sliced red onion, chopped bell pepper or artichoke, mini wedges of yellow squash, cooked pasta or rice, or a couple slices of pepperoni, minced. Drain, if necessary, at serving time.

Leftover cooked pasta is a winner in other dishes, too. It stretches chili from the hot deli bar, turns cream of chicken soup into creamy chicken noodle soup, with Italian seasonings adds an aura of minestrone to vegetable soup and turns sandwich-filling tuna salad into a main dish.

The same goes for rice. It is particularly enticing in soups with lively flavor, like Tex-Mex, that are a little strong for those gathering at the table.

Blue Ribbon Cook

One-pot stew makes merry with veggies

Ginger Miller-Sims, Belleville, Ill., is winner of this week's recipe contest for Summer Vegetables and Lentil Stew. The prize is dinner certificates from the Pasta House Co.

Because lentils do not need pre-soaking, they can be cooked with all the garden vegetables and the dish will done in the same amount of time. Miller-Sims says the meatless main course becomes a meal for her family when it is served with a green salad and crusty French bread.

Recipes for the Pear and Pumpkin Recipe Contest will be rewarded during the five Wednesdays of October.

Send a single recipe by Sept. 30 for any type of dish that uses either pears or pumpkin to: Pear and Pumpkin Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

SUMMER VEGETABLE AND LENTIL STEW

- 2 cups dried lentils
- 2 leeks, sliced
- 2 carrots, sliced
- 2 large tomatoes, diced
- 1/2 small cabbage, cored, diced
- 4 oz. green beans, cut in 1 inch pieces
- 2 zucchini, sliced
- 6 cups condensed canned beef broth
- 2 cups water
- 1 tsp. fines herbes (equal parts parsley, tarragon, chives and chervil)

In large soup pot, combine lentils, leek, carrot, tomato, cabbage, beans, zucchini, broth, water and herbs. Simmer 45 minutes.

Serve with crusty bread.

As usual, if there is a history to the recipe, it will be considered part of the entry. Along with taste and eye appeal, it will form the basis for selecting winners.

Originality will be considered, although the recipe need not be original. If possible, name the recipe's

source. Include the name of the Journal you receive.

Duplicate entries will be considered on the basis of earlier entry or best compliance with the rules. Contest winners may enter again six months after the prize-winning publication date.

Test

War or sn

Grand prize! I served her mixing bowl today's favorite frozen waffle. Testers fereb by seasoned them.

Aunt Jo flies (eigh) logg's E blueberry \$2.49) a wildberry \$1.89) were table also and straw Prices waf Eggo waf Nutri-Gran The buy noted available, buttermilk sion.

"Fruit, banana b the possi choose the flavors. T at a waf cents, a treat easy to suit the anyone in said.

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"The w reminds m fun (thin) pastries browned a them in t really inv said.

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"I like crispy but cake-like w Eggo's w with the m something Another ness of th brand. She priced righ

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K- PORK OR BEEF

MARINA CHICKE

Today's Food

Test Run

Warm waffle gives breakfast or snack on-the-go energy

Grandma would be surprised how easy it is to serve hot waffles without mixing batter or heating a waffle iron. Many of today's homemakers appreciate the science of easy frozen waffles.

Testers sampled three different brands. Some were seasoned veterans of using them.

Aunt Jemima low-fat waffles (eight for \$1.99), Kellogg's Eggo Nutri-Grain blueberry waffles (eight for \$2.49) and Hungry Jack wildberry waffles (10 for \$1.89) were on the testing table along with a toaster and strawberry preserves. Prices were at Dierbergs. Eggo waffles that were not Nutri-Grain cost \$1.89.

The buyer of the variety noted the wide variety available, making plain-vs.-buttermilk a minor decision.

"Fruit, nut and honey and banana bread are among the possibilities. You can choose them in kid or adult flavors. That makes these, at a waffle for about 25 cents, a moderately sweet treat easy to keep on hand to suit the tastes of almost anyone in the family," she said.

Adult taste buds favored the Eggo and Aunt Jemima over the Hungry Jack with more artificial fruit flavor.

"The wildberry flavor reminds me of some of the fun things in toaster pastries. The sweet-then-browned aroma of each of them in the toaster was really inviting," a taster said.

Another called herself as "picky as my son" when it comes to waffles. She first admired the texture, then added flavor to the equation.

"I like them slightly crispy but with a bit of cake-like qualities inside. Eggo's won out with me with the multi-grain aspect something I like," she said.

Another liked the crispiness of the Aunt Jemima brand. She looks for waffles priced right.

"I use frozen waffles in spurts. It's the ease of preparation that appeals to me. I'll definitely respond to a sale on them. When frozen waffles go above \$2, my interest wanes," she said.

One taster saw waffles in a new light.

"I usually avoid waffles and pancakes because I thought the only way you could enjoy them was with lots of butter and syrup and only for breakfast. But I had one of the low-fat waffles with strawberry preserves and thought it would make a good, tasty snack and (is) healthier than the old butter and syrup combination."

He decided they would be good to keep on hand as snacks for his children.

Another taster, who ate them often at home before school, liked both the plain low-fat and blueberry flavors. She called the blueberry flavor "livelier," but liked the denseness of the Aunt Jemima brand.

One taster appreciated the size and flavor of the blueberries of the Eggo brand, but also liked the thickness and moistness of the Aunt Jemima brand with its crisp exterior. She considered it more typical of homemade. She thought younger eaters would like the colors of the Hungry Jack waffles.

Two Eggo or Aunt Jemima waffles in the flavors tested had about 160 calories, 1.5 to 2 grams fat, 460 to 560 milligrams sodium, 5 to 7 grams sugars and 1 to 3 grams dietary fiber. The Hungry Jack wildberry waffles varied with 200 calories, 6 grams fat and no dietary fiber in 2 waffles.

Another tester, who called herself a "frozen waffle aficionado," cast her vote for the multi-grain waffle. The blueberries as her favorite. She suggested uses for them beyond breakfast before school.

"Breakfast for dinner is a family favorite and special treat for the kids.

Recently I needed to know the color of a ripe habanero pepper. The answer, in full color, was on the Internet. So was the food composition information I needed, plus resources to help me teach a class coming up soon.

I am not always so lucky. After many dead ends, I still am looking for a procedure to make those great sweetened dried cranberries.

People who access the World Wide Web usually agree it is a blessing and a curse. With more than 1,000 businesses per week going on-line, the information available is exploding.

Unfortunately, there are no filters for incorrect information on the Internet. Surfers must rely on their own good judgment and consider the source to determine the accuracy of the finds.

With that caveat, I share some of my favorite web sites relating to nutrition, health and foods. It is impossible to list all the best sites, but here is a sampling of those I have found to be reliable and

helpful.

• Title: Index of Food and Nutrition Internet Resources.

URL: <http://www.nal.usda.gov/fnic/etext/fnic.html>

Description: Very comprehensive resource compiled by the Food and Nutrition Information Center.

• Title: Healthfinder.

URL: <http://www.healthfinder.gov/>

Description: A gateway consumer health and human services information web site from the U.S. government. Healthfinder leads quickly to selected on-line publications, clearinghouses, data bases, web sites, support and self-help groups, as well as government agencies and not-for-profit organizations that produce reliable information for the public.

• Title: National Food Safety Database.

URL: <http://www.foodsafety.org/>

Description: One-stop shopping for consumers, industry and public health organizations. Full text documents on a wide range of

food safety issues.

• Title: Consumer Information Center.

URL: <http://www.pueblo.gsa.gov/>

The source for all those great consumer publications is on line for ordering publications, as well as downloading.

• Title: Nutrition Links — Extension Food and Nutrition Kansas State University.

URL: <http://www.oznet.ksu.edu/ext/fn/nutlink/n2.htm> (replace space with underline)

Description: Links to selected nutrition articles on a wide variety of topics, including organizations, government sites and news groups.

• Title: Nutrition for Children.

URL: <http://www.teleport.com/eversc/NFC.htm> (replace space between com/ and eversc with tld)

Description: Registered dietitian Connie Evers, author of "How to Teach Nutrition to Kids," publishes an excellent electronic newsletter about feeding kids that parents and teachers should check out.

• Title: Nutriteach.

URL: <http://www.outreach.missouri.edu/nutriteach>

Description: An important resource for teachers and parents to find lessons and activities related to nutrition and health for grades kindergarten to 12.

• Title: University of Missouri Nutrition Resources On Line.

URL: <http://www.outreach.missouri.edu>

Description: A searchable nutrition and food safety newsletter and food preservation retrieval system.

• Title: National Council Against Health Fraud.

URL: <http://www.ncahf.org>

Description: Look through newsletters and position papers to check out the latest fad or suspected quackery.

• Title: Epicurious — Food, Drink, Cooking and Recipes.

URL: <http://food.epicurious.com>

Registered dietitian Cynthia Fauser is nutrition specialist for University Extension (University of Missouri system) in St. Louis County.

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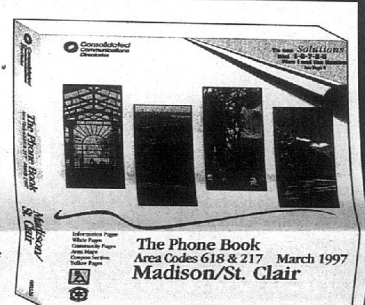
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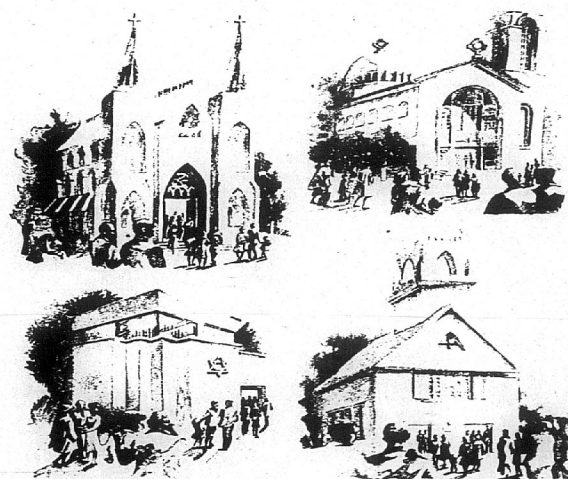
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may happen if they say no. Or yes.

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Today's Food

Heart-y Bites

By CHERYL HOUSTON

Quest for chocolate leads to lush flavor, not fat

Chocolate is the ingredient that symbolizes luxurious self-indulgence for many people. Undeniably high in fat and calories, it causes most health-conscious consumers to look at eating it with guilt.

That need not be the case. With a little kitchen know-how, chocolate lovers who favor a healthy eating plan do not have to sacrifice their favorite flavor.

Cacao, a tropical evergreen tree native to Central and South America, is cultivated extensively for its seed. Grinding the bean releases a fat called cocoa butter. Chocolate is made by combining the roasted ground kernel of the cacao bean with large amounts of sugar, cocoa butter and, for milk chocolate, milk.

The resulting confection is high in fat and calories. One ounce of semisweet chocolate contains 143 calories and 10 grams fat, of which 6 grams are saturated fat.

One way to balance a love of chocolate with the desire for healthier eating is to make a little chocolate go a long way. A health-conscious cook buys the best quality dark chocolate available. The stronger flavor of dark chocolate means much less of it produces the same taste.

Chocolate also can be melted over low heat and

drizzled lightly over low-fat cakes and pies, used for dipping, or poured into cakes and "shaved" into decorative curls.

Another creative option is to substitute cocoa in baked products. Unsweetened cocoa is a deep, dark chocolate, baking ingredient produced from the ground cacao bean. It is naturally low in fat, very low in sodium and contains no cholesterol.

Adding 1/4 cup cocoa to a packaged angel food cake mix and preparing it according to the directions turns a no-hum dessert into a novel taste treat. Top it with fresh fruit and/or low-fat or fat-free whipped topping and everyone will ask for seconds.

If your family loves the creamy texture and incomparable taste of chocolate but you want to provide healthier treats, try Fruit-Filled Chocolate Dreams from the "Hershey's Homemade Cookbook."

Simple to prepare, yet elegant in its presentation, it makes an every day meal special.

Once frozen, the shells can be saved and used at a later time.

Registered dietitian Cheryl Houston is a member of the nutrition committee of the American Heart Association, St. Louis.

FRUIT-FILLED CHOCOLATE DREAMS

1/2 cup cold skim milk
1 tsp. vanilla
1 envelope (1.3 ounces) whipped topping mix
1 tbs. cocoa powder
Cut-up fresh fruit, such as a combination of raspberries or strawberries, kiwifruit, green grapes and canned mandarin orange slices
Chocolate syrup

Line cookie sheet with aluminum foil.

In small, deep, narrow-bottomed bowl, blend milk, vanilla, topping mix and cocoa. Using electric mixer, whip at high speed about 2 minutes until topping peaks. Continue beating 2 minutes longer until topping is light and fluffy.

Spoon mixture into 5 mounds on prepared cookie sheet. Using spoon, shape into 4-inch shells. Freeze.

To serve, fill center of each frozen shell with fruit and drizzle with syrup. Serve immediately.

Makes 5 servings; 154 calories, 2 g protein, 29 g carbohydrate, 2 g fat, no cholesterol and 31 mg sodium each, without fruit.

Medicine Chest

By REBECCA COLEY

Does a headache make you toss and turn at night?

Headaches are a troublesome problem. A severe one, on average, causes 3 to 5 days of lost activity. For some people, they may be related to sleep problems.

A recent study published in the Archives of Internal Medicine looked at the relationship between sleeping difficulties and headaches. Keeping in mind the study involved only 49 subjects and lacked some important study controls such as randomization and blinding, the researchers found 26 also had a primary complaint of headache.

The sleeping difficulties treated included sleep apnea (brief periods of no breathing during sleep), periodic limb movements and insomnia. After six months of treatment, the researchers found 17 of the 26 subjects, about two-thirds, reported no headaches.

Subjects who still reported headaches were those with periodic limb movements, another situation researchers want to study further.

Headaches are a common complaint. People often don't think twice about tak-

ing an over-the-counter remedy to "cure" one. For the occasional headache, this may be fine.

Registered pharmacist Rebecca Coley is a board member of the Missouri Society of Health-System Pharmacists.

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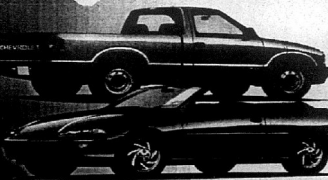
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Veal

Veal has been the occasional special of veal is con-

VEAL C... CR... MUSTA...

- 2 veal cutl...
- inch thick
- 3 tbs. wh...
- 1/2 tsp. seas...
- 1/4 tsp. pap...
- 1/4 tsp. per...
- 2 tbs. Dij...
- 1 1/2 tsp. olive...
- 1/2 cup crea...
- Pinch se...
- 2 tsp. cap...

Remove from veal, let or knife cutlets on b their origin they are ligh thick.

Mix together flour, 1/2 te salt, papri Dredge ve Combine m oil. Spread

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Most veal calves today are kept in well-lit, heated barns, in separate pens to prevent much contact and the spread of communicable diseases. They are hand-milked from the mother dairy cow at three days when her milk comes in. Veal calves then are fed a special diet from whey (a by-product of cheese-making) and a mixture of vitamins, proteins or a soy formula. They also are fed iron and other nutrients to prevent anemia and other nutritional ailments.

Unlike stories — occasionally true — of squalid conditions, the vast majority of animals are kept clean and healthy. The industry is profitable or ethical to allow unclear conditions to exist.

Veal is so easy to cook and eat that it took a long time for me to try it in a microwave oven. The microwave fanatic in me finally won out. Now I'll microwave it as long as I have an oven.

With veal, there are a few easy principles to remember:

World Health Club 344-309

COMMUNITY NEWS

CALENDAR

Editor's note: Today's calendar contains items for Wednesday, Sept. 10, through Wednesday, Sept. 17, only. The calendar will run in full next week.

Church
NOON BIBLE STUDY, Nameoki United Methodist Church, 1900 Pontoon Road, every Wednesday from noon to 1 p.m. Bring a sack lunch and Bible.

MONDAY NIGHT WORSHIP SERVICE, every Monday evening at 7 p.m. for those who can't attend Sunday services, Nameoki United Methodist Church, 1900 Pontoon Road.

GENERATION JESUS YOUTH GROUP, led by youth minister, 6 to 8 p.m. every Sunday at Nameoki United Methodist Church, 1900 Pontoon Road.

CENTRAL CHRISTIAN CHURCH, 2020 Johnson Road, holds Sunday School at 9:30 a.m. every Sunday. Worship at 10:45 a.m. every Sunday. Everyone is welcome.

Dance
MIDWESTERN UNITED STATES IMPERIAL DANCE CLUB (MUSIC) will hold its regular meeting Sunday 6 p.m. at the American Legion Hall in Collinsville. The public is invited for dance lessons and open dancing at a cost of \$4 for nonmember and \$2 for members. For more information, call 463-2405.

Food/Nutrition
POLISH PIEROGI SALE, Sacred Heart Polish National Church, 930 Reynolds, Madison, 9 a.m. to noon, first Saturday of each month. Seven varieties: cabbage, cheese, kraut, potato, sausage and meat, plum pudding and taco. Carcasses only, \$6 per dozen. Cooked and ready to heat and eat. Order ahead by calling 876-5860, 876-3096, or 931-3367.

RESCUE MISSION, 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon every Saturday. Samuel Turner is the chairman. Yolanda Turner is the secretary and Alfred Turner is the pastor.

MT. NEBO MISSIONARY BAPTIST CHURCH, 800 Jefferson, Madison, giving away free food and clothing Saturday, Sept. 13, 10 a.m. until 2 p.m. only. Bring a bag and take all you want but use all you take. Call 452-2737 or 876-5086 for transportation. You are always welcome to worship with us and we have a children's church, too.

COUNTRY BREAKFAST, 6 to 11 a.m., Sept. 13, St. John Lutheran Church, 2901 St. Charles, Madison, second Sunday of each month. Eggs, sausage, pancakes, biscuits, homemade gravy, and jellies, coffee and orange juice. \$4 - ages 12 and over; \$2 - ages 11 and under.

Health/Exercise
Bemis Chiropractic, 3361 Fehling Road in Granite City, is offering **FREE ELECTRONIC SPINAL SCREENINGS** from 9 a.m. to noon every Tuesday and Thursday. Call 876-2273 for more information.

TOPS 2383, 6:30 p.m. every Thursday at Anchorage Recreation Center, 2909 Edwards St. For more information call Bobbie at 452-0273.

FREE SENIOR CITIZEN EXERCISE CLASS, 9 a.m., every Thursday, Anchorage Recreation Center, 2909 Edwards.

TOPS 2048 (Take Off Pounds Sensibly), 6 p.m. every Monday, Melvin Price Support Center in Granite City, 876-2124.

TOPS IL 845, 7 p.m. every Monday, Anchorage Recreation Center, 2909 Edwards St., Granite City, 452-6102. Men and women welcome.

TOPS 1699, (Take Off Pounds Sensibly) will meet at 8:45 p.m. every Tuesday at the Anchorage Recreation Center, 2909 Edwards St., call 797-2724 for more information. Men and women are welcome to attend.

TOPS IL 2417, 6 p.m. every Tuesday, Briarcliff Pentecostal Church, 1120 Pontoon Road, Granite City, down stairs. Weigh-in at 5:30 p.m. Anyone age 7 or above with a weight problem is welcome. For more information call Lisa at 831-3602.

ST. ELIZABETH MEDICAL CENTER is offering prostate screenings Saturday, Sept. 13, at the Collinsville Health Center, 800 St. Louis Rd. and Edwardsville Health Center, 1121 University Drive. The screening will include a digital rectal exam performed by a urologist and a PSA blood test. Participants may opt for one or both components. The PSA test costs \$10 and other aspects of the screening are free. Call 798-3201 for more information and to register.

Organizations
AMERICAN ASSOCIATION OF RETIRED PERSONS CHAPTER 1340, meets at Granite City Township Hall second Wednesday of each month. Doors open at 5 p.m., refreshments served at 6 p.m. All seniors 50 and over are welcome. For information call 877-3020.

AMERICAN ASSOCIATION OF RETIRED PERSONS, chapter 1340, are having a country western morning Doors open 5 p.m. Light meal will be served at 6 p.m. Music by Jerry's Kids, \$2 donation at the door. Those 50 and over are welcome. Questions please call 831-2008.

MEN'S FELLOWSHIP GROUP of Central Christian Church meets at 8:30 a.m. the second Wednesday of each month for breakfast and fellowship. For more information and/or location of meetings call 631-2008.

GRANITE CITY BUSINESS AND PROFESSIONAL WOMEN, meeting at Jerry's Cafeteria, Dinner at 6:30 p.m., third Wednesday of each month, followed by a program at 7:15. Open to the public. For more information call 452-5391 or 451-6914.

NAVY MOTHERS CLUBS OF AMERICA, meet at 7:30 p.m., second Thursday of each month, at the Veterans of Foreign Wars Hall in Granite City. Mothers, fathers, daughters and sons of former, present and Navy, Marines, Coast Guard or Sea Bees are encouraged to join. For further information, call 931-2292 or 876-2209.

THE SARAH AND DORCAS CIRCLES OF CHRISTIAN WOMEN'S FELLOWSHIP meet at 8:30 a.m. the third Thursday of each month. For more information and/or meeting location, call Helen Stumpe at 931-2098.

THE JOLLY QUILTERS, 9 a.m. to 2 p.m., every Thursday at the Social Center, 906 Thorngate Drive, Mitchell.

GRANITE CITY COMMUNITY BAND, rehearsals, 7:30 to 9 p.m., every Thursday, St. John Lutheran Church, 2901 St. Charles, Granite City, 931-0443.

GRANITE CHAPTER 650 ORDER OF THE EASTERN STAR meets the second Friday of each month, 7:30 p.m., at the Masonic Temple, 20th Street and Cleveland Boulevard in Granite City.

DOWNTOWN NEIGHBORHOOD RESTORATION SOCIETY, 8 p.m., second Tuesday.

FRIDAY OF EACH MONTH, Granite City, 876-7715.

QUAD CITY YOUTH FELLOWSHIP, meets the second and fourth Saturday of each month, 2257 Cleveland, 7 p.m., 931-3480 or 877-4848.

THE PONTON BEACH JAYCEES regular meeting is held at 7:30 p.m., the first and third Sunday of each month, at Ralph and Charlie's Steak House. The meetings are open and the public is invited.

NATIONAL ASSOCIATION OF RETIRED FEDERAL EMPLOYEES (NAARFE) Chapter 1087 meets the second Tuesday of each month, except July and August, at 11:30 a.m. at Charlie's Restaurant in Granite City. For more information call 878-8450.

BENEVOLENT AND PROTECTIVE ORDER OF ELKS, Granite City Lodge 1063, Mayville Road, Granite City, 931-3557, 8 p.m., second Tuesday of each month.

JOB'S DAUGHTERS BETHEL #43 meets at 7 p.m. the second Tuesday of each month at the Masonic Temple, 20th Street and Cleveland Boulevard.

KNIGHTS OF COLUMBUS, 3RD DEGREE, 4225 Old Alton Road, 7:30 p.m., the second Tuesday of each month, 877-4250.

KNIGHTS OF COLUMBUS, 4TH DEGREE, 4225 Old Alton Road, 7:30 p.m., third Tuesday of each month, 877-4250.

GRANITE CITY KIWANIS meet at Shoney's at 7:30 a.m. every Tuesday.

Seniors

PONTON BEACH SENIOR CITIZENS BINGO, every Wednesday, 11:30 a.m., 3910 Illinois 111, Pontoon Beach.

ATTENTION MEDICARE BENEFICIARIES - Come and hear how Advantage can give you complete healthcare coverage. You are invited to hear a presentation every Tuesday and Thursday at 10 a.m. at the Pontoon Beach Senior Center, 3910 Highway 111, Pontoon Beach.

EAGLE PARK ACRES SENIORS OF MADISON meet every Thursday from 10 a.m. to noon at 100 Hill St. (rear), Eagle Park Acres, Madison.

FREE SENIOR CITIZEN EXERCISE CLASS, 9 a.m., every Thursday, Anchorage Recreation Center, 2909 Edwards.

FRIDAY AFTERNOON PINOCCHIO CLUB for seniors 55 and over meets at 12:30 p.m. every Friday at the Harold Brown Building, Franklin Avenue and Pontoon Road, Call 877-0350 for more information.

SENIOR SOCIAL CLUB, meets every Sunday at the Nelson Hagner Township Hall. Doors open at 8:30 p.m., refreshments at 6 p.m., bingo and games start at 7 p.m. Call 877-1215 for more details.

PONTON BEACH SENIOR CITIZENS, meeting, third Tuesday of each month.

month, 7 p.m., 3910 Illinois 111, Pontoon Beach.

Support Groups

PULMONARY SUPPORT GROUP, for persons with diagnosed lung condition, 11 a.m. to noon every Wednesday in 4-Doctors Solarium, St. Elizabeth Medical Center, 798-3018.

ALCOHOLICS ANONYMOUS, 11 a.m. and 8 p.m. every Wednesday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALANON ADULT CHILDREN meets at 7 p.m. every Wednesday at Providence, 2103 Iowa. Parking in rear. Call 463-2429 for more information.

ALCOHOLICS ANONYMOUS, 8 p.m. every Wednesday, St. Elizabeth School's Noah's Ark Day Care, Pontoon Road, Granite City. The meetings are closed except for the last Wednesday of the month.

PARENTS ANONYMOUS GROUP, meets 5:30 to 6:30 p.m., first and third Thursday of each month. For information on where meeting will be held, call Elaine Searcy at 462-2714 or Lyle Cuberly at 878-2382.

MULTIPLE SCLEROSIS SELF-HELP GROUP meets from 7 to 9 p.m., second Thursday of each month, in Granite City Hall at St. Elizabeth Medical Center, 2100 Madison Ave. in Granite City. Call 797-2780 or 451-0728 for more information.

ALCOHOLICS ANONYMOUS, 8 p.m., every Thursday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

(See CALENDAR, Page 7C)

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PLUS 12 FREE Portrait Christmas Cards

Subject fee of \$5.95 per person photographed, payable when portraits are taken. For colorized portraits our selection. Your favorite poses welcome. No limit on the number of colorized portraits per family, but only one colorized portrait per subject. Please allow additional poses taken for optional collection with no obligation to purchase. All ages welcome. Poses under 18 must be accompanied by a parent. Groups limited to six or fewer. No cash. Payment takes approximations.

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FREE SNACK SIZE BABY RUTH WITH EVERY D.A.R.E. CUP PURCHASE.

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95¢ TWO LITER BOTTLES

59¢ 20 OZ. BOTTLE

COKE PRODUCTS COLD & REFRESHING

ORANGE JUICE 99¢ 1/2 GAL. PLASTIC

PEVEY CHOCOLATE MILK 79¢ QUART

TAMPOCO CITRUS PUNCH 99¢ GALLON

MILWAUKEE'S BEST LIGHT • ICE \$3.99 COLD 12 PK CANS

BUDWEISER LIGHT • ICE \$1.99 COLD 24 OZ. CANS

COORS COORS LIGHT \$6.59 COLD 12 PACK CANS

JOSE CUERVO GOLD \$11.99 4 PK

JACK DANIEL'S COUNTRY COCKTAILS \$3.39 4 PK

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Caler (Continued from)

ALCOHOLICS ANONYMOUS, every Thursday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALANON, 7 p.m. every Thursday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

NARCOTICS ANONYMOUS, every Thursday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

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Spectracide

VALUE PACK

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GUARANTEE

ROCK-BOTTOM

DAY IN

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Calendar

(Continued from Page 6C)

ALCOHOLICS ANONYMOUS, 8 p.m., every Thursday, Presbyterian Church, Mitchell, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS, 11 a.m., every Thursday, 2116 Club, 2116 Edison Ave., Granite City, 1 (800) 307-6600.

ALANON, 7 p.m. every Thursday, Wellness Center, 2103 Iowa, 463-2429.

NARCOTICS ANONYMOUS, Seeking recovery, 8 p.m. every Thursday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

SOUTHERN ILLINOIS DIVORCED AND

SEPARATED CATHOLICS, second Friday of each month (September through May), 7:30 p.m., St. Boniface School, 128 N. Buchanan, Edwardsville. On Sept. 12, guest speaker Barbara Brandt will give a program on Line Dancing. A Fun Exercise. Newcomers welcome. For more information call 465-1463.

HEREDITARY ATAXIA (a disorder of nerve cells in the spinal cord and cerebellum) **SUPPORT GROUP** meets each month. Call Curt Williams, 877-5172, for information.

ALANON meets at 8 p.m. every Friday in the Milonski Room in the basement at St. Elizabeth Medical Center. Call 463-2429 for more information.

ALCOHOLICS ANONYMOUS, noon and 8 p.m., every Friday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

STEMSS (Support Together for Emotional and Mental Serenity and Sobriety), A support group for people with a mental illness and an alcohol or substance abuse problem, meets every Friday from 1:30 to 2:30 p.m. at Pascal Hall, St. Elizabeth Medical Center. Call 798-3604 for more information.

DEPRESSIVE MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY will meet from 1 to 3 p.m., every Friday, at St. Elizabeth Medical Center, Granite City, in the Milonski Room located in the basement. For

more information call the DMDA office at (314) 778-3999.

RIVERS OF WATER WORSHIP CENTER SUPPORT GROUP, meets the first and third Saturday of each month, at 1307 Madison Ave., Madison, 8:30 to 11 a.m., to comfort and restore. Group membership is open to all who are broken - at no cost. Worship service will follow each third Saturday at 11:30 a.m. For more information, call 341-3643 or 656-7831.

ALCOHOLICS ANONYMOUS, 8 p.m., every Saturday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

NARCOTICS ANONYMOUS, Acceptance, 8 p.m. every Saturday, 2016 Delmar Ave., 24-hour hot-line

398-9409.

ALCOHOLICS ANONYMOUS, 1:30 p.m. and 8 p.m., every Sunday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

NARCOTICS ANONYMOUS, Live the Steps, 8 p.m. every Sunday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

ALCOHOLICS ANONYMOUS, 8 p.m., every Sunday, St. Elizabeth Medical Center, Pascal Hall, main floor, Granite City, 1 (800) 307-6600.

PROSTATE CANCER SUPPORT GROUP, 3 to 4:30 p.m., third Sunday of each month, at Central Christian Church, 2020 Johnson Road, Granite City. The group, men only, will

meet in the church's Terrace Room, enter through the Fellowship Hall door on the east side of the building. There is no charge. For more information call the pastor, Roger Zollars, any evening, at 656-5436.

ALCOHOLICS ANONYMOUS, noon and 8 p.m., every Monday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALANON, 9:30 a.m. every Monday, 2116 Club, 2116 Edison, Granite City, 463-2429.

CHEMICAL DEPENDENCY RELAPSE PREVENTION group meets from 6:30 to 8:30 p.m. every Monday at the Edwardsville Health Center, 1123 University Drive in Edwardsville. The group focuses on eliminating relapse-prone thinking, feeling and behavior patterns and helping group members grow in sobriety. For more information, call 798-3888.

NEGLECTED VICTIMS OF CHILD SEXUAL ABUSE, a support group for nonoffending parents of victims, meets from 6 to 7:30 p.m. every Monday at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Care Center. Call 692-2197 for details.

MASTECTOMY SUPPORT GROUP, 7 to 9 p.m., Pascal Hall, main floor, St. Elizabeth Medical Center, second Tuesday of each month, 798-3510.

LUPUS ERYTHEMATOSUS SUPPORT GROUP, sub-chapter of Illinois Lupus Foundation, 7:30 p.m., third Tuesday of each month, Memorial Hospital auditorium, Belleville, 233-7750, extension 5860.

SPOUSE SUPPORT GROUP, sponsored by Namooki United Methodist Church, meets the third Tuesday of each month. For meeting time and place, call the church at 877-1838.

ALCOHOLICS ANONYMOUS, 8:30 a.m. and 8 p.m., every Tuesday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS (women only), 8 p.m., every Tuesday, Presbyterian Church, Mitchell, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS, 8 p.m., every Tuesday, 2901 Nameoki Road, Granite City, 692-8076.

ALANON, 8 p.m., every Tuesday, St. John United Church, 2901 Nameoki Road, Granite City, 463-2429.

ALANON, 8 p.m., every Tuesday, Niedringhaus United Methodist Church cafeteria, 20th and Delmar, Granite City, 463-2429.

ALATEEN AND PREALATEEN PROGRAM for 12 to 17 age group, and prelateen for seven to 11 year age group, meets at 8 p.m. every Tuesday at Niedringhaus United Methodist Church, 20th and Delmar. For more information call 463-2429.

NARCOTICS ANONYMOUS, Path to Recovery, 8 p.m. every Tuesday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

Veteran Services

DISABLED AMERICAN VETERANS CHAPTER 53 will offer a service officer from 1 to 3 p.m. every Wednesday at the Tri-City Veterans Home, located at 1417 18th St. in Granite City. Call 876-7816 for more information.

DISABLED AMERICAN VETERANS CHAPTER 53 AUXILIARY, 1417 18th St., Granite City, 876-7816, 8 p.m., first and third Monday of each month.

Other

MADISON COMMUNITY ACTION GROUP, meets at 7 p.m. every Wednesday. For more information call Dan at 452-2336 or Diane at 876-1380.

MADISON COUNTY GENEALOGICAL SOCIETY, meets 7 p.m. second Thursday of each month, at Immanuel United Church, 800 N. Main, Edwardsville.

EDWARDSVILLE KENNEL CLUB, 7:30 p.m. second of each month, Hayes Mallory Community Building, 216 Crane St., Edwardsville, open to public.

CRAFT SHOW AND FLEA MARKET will be held the third Sunday of each month from 10 a.m. to 4 p.m. at the Pontoon Beach Senior Citizens building, 3910 Highway 111. For more information, call 756-2513.

EAGLES AUXILIARY 1126 BINGO, 1 p.m. every Sunday at the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing free games and other raffles.

OLD SIX MILE MUSEUM, 327 Maryville Road, Granite City, is open to the public each Sunday from 1 to 4 p.m. through Dec. 15. Special tours for groups are available. Call 931-3025 to arrange a tour or call 931-1352 for more information.

HANGIN' OUT, led by youth minister of Namooki United Methodist Church, 1900 Pontoon Road, every Monday evening from 8 to 8 p.m. For more information, phone 877-1936.

GATEWAY SOUNDS CHORUS, 7:30 p.m. every Tuesday at the Collinsville Senior Citizen Center, 420 E. Main, Collinsville. For more information, call Joyce Greiner at 398-8853.

GOSPEL CONCERT FOR BARS GLENN "MEDICAL BENEFIT", 7 p.m. Sept. 13, at Mt. Vernon High School Auditorium in Mt. Vernon, featuring "Ivan Parker," "Brian Free and Assurance." Tickets in advance, \$8 adult, \$4 12 and under, at door \$10 adult and \$5 12 and under. For ticket information call 732-8894 or 246-0280.

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MAC® 28cc GAS BLOWER
• Generates 350 CFM at 150 mph
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FALL PERENNIALS
• Choose from salvia, sedum, aster, and others
Plant once and they'll come back year after year
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\$296 Gal.

AUTUMN BLAZE MAPLE
• Excellent deep red fall foliage
• Plant in full sun
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Grows from 6' to 8' tall and 4" wide
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Spectracide
WASP & HORNET KILLER AEROSOL TWIN PACK
• Kills wasps, hornets, bees
• Water-based formula
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HOME DEFENSE™ INDOOR & OUTDOOR INSECT KILLER
• Ready to use in no-spill package
• Country fresh scent
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• Will not stain
• 6 weeks protection
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LAWN & GARDEN INSECT CONTROL GRANULES
• Kills lawn and vegetable garden insects
• Long-lasting control
• Resealable bag
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• 24 hour insect control
• Effective grub and ant control
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POULAN
4 HP 22" PUSH MOWER
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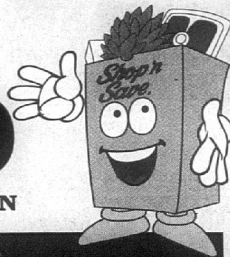
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4.99
34.5-OZ. CAN

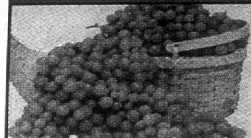


USDA CHOICE CORN FED BEEF
Boneless Chuck Roast

1.37
lb. SOLD AS ROAST ONLY
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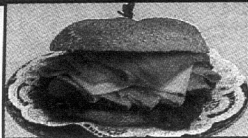
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Time For Back To School Meals



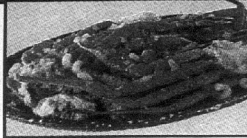
California
White Grapes

68¢
lb.



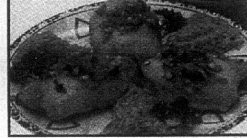
Patrick Cudahy
Boiled Ham

2.99
lb.



Snow Crab
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ALL NATURAL
JUMBO PACK
Chicken Thighs
or Drumsticks

79¢
lb.



FAMILY PACK
USDA CHOICE CORN FED BEEF
Boneless
Charcoal Steak

1.79
lb.

DELI/BAKERY/SEAFOOD NOT AVAILABLE AT ALL STORES

Medium Yellow Onions..... **78¢**
1/2 LBS.

CALIFORNIA
Fresh Broccoli..... **68¢**
1/2 LBS.

Dole Classic Salad Blend..... **78¢**
1/2 LBS.

WASHINGTON STATE
2-TRA FANCY, 12.5 OZ. SIZE
Red or Golden Delicious Apples..... **78¢**
1/2 LBS.

DELI DEPARTMENT
Alpine Lace Hot Pepper Cheese..... **2.99**
1/2 LBS.

DELI DEPARTMENT
HONEY OR MESQUITE
Jennie-O Turkey Breast..... **4.99**
1/2 LBS.

BAKERY DEPARTMENT
FRESH BAKED
Twin French Bread..... **99¢**
1/2 LBS.

BAKERY DEPARTMENT
FRESH BAKED
Cherry Pie..... **2/\$6**
1/2 LBS.

SEAFOOD DEPARTMENT
Whole Skinned Whiting..... **99¢**
1/2 LBS.

TATOR TOTS OR
Ore-Ida French Fries..... **3/\$5**
1/2 LBS.

ASSORTED VARIETIES
LEAN, CROISSANT OR
Hot Pockets..... **3/4.99**
1/2 LBS.

ELBOW MACARONI OR
Creamette Long Spaghetti..... **3/95**
1/2 LBS.

10-12 LB. AVG.
Kretschmar Whole Boneless Ham..... **1.79**
1/2 LBS.

AFTER ON PACK COUPON
Hillshire Farm Smoked Sausage..... **1.79**
1/2 LBS.

ASSORTED VARIETIES
Banquet Family Entrees..... **1.99**
1/2 LBS.

ALL MEAT
Eckrich Sliced Bologna..... **1.29**
1/2 LBS.

JUMBO Farmland Deli Franks..... **89¢**
1/2 LBS.

Jennie-O Ground Turkey..... **89¢**
1/2 LBS.

REGULAR, MAPLE LINKS
OR ROLLS
Farmland Pork Sausage..... **4/\$5**
1/2 LBS.

ASSORTED FLAVORS
Gorton's Fish Fillets..... **2/\$5**
1/2 LBS.



ASSORTED VARIETIES
7 up, Coca Cola Classic or Pepsi

67¢
2-LTR. BTL.



WHITE OR WHEAT
Shop 'n Save Sandwich Bread

2/\$1
24-OZ. LOAF
LIMIT 4



LARGE CURD
Shop 'n Save Cottage Cheese

88¢
24-OZ. PKG.
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JUMBO OR PREMIUM
Pampers Diapers

9.99
40-88 CT. PKG.
LIMIT 2 COMBINED WITH ADDITIONAL \$10.00 PURCHASE



MEN'S OR LADY'S
Speedstick

99¢
LIMIT 2 WHILE SUPPLY LASTS

24-PACK
Coca-Cola Classic or Pepsi..... **5.77**
11.5 OZ. CANS

RICE & SAUCE OR
Lipton Noodles & Sauce..... **4/2.88**
1/2 LBS.

ORIG. OR REDUCED FAT, MUSHROOM,
CELERY OR CHICKEN
Campbell's Cream Soups..... **4/2.88**
10 OZ. PKGS.

ASSORTED VARIETIES
Keebler Club Crackers or Sandies Cookies..... **1.98**
1/2 LBS.

Sunshine Vanilla Wafers..... **1.98**
11 OZ. PKG.

GRAPE OR RASPBERRY
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AUTOMOTIVE

Honda Prelude SH

Honda Prelude Type SH sports fancy footwork

By Tom Strongman

I knew there was something different about Honda's Prelude Type SH when I hustled it up my favorite piece of abandoned road faster than I have any other car.

There are two models of the all-new Prelude, but the Type SH is the most interesting from a technical perspective. It uses ATTS, or Active Torque Transfer System, to help take corners with more stability and control than normally would be found in a front-wheel-drive sports coupe.

ATTS is not a traction-control system, which limits the power sent to a spinning wheel, but a drive-torque distribution system that takes torque from the inside wheel and transfers it to the outside wheel so it actually rotates faster when the car is in a turn. The faster-turning outside wheel helps the vehicle turn with greater stability.

To understand how it works, imagine sitting in a wheelchair. When you hold the inside wheel still and push the outside wheel, the chair turns immediately. Conceptually, ATTS does the same thing.

In normal driving the system is nearly invisible. I noticed that the test car seemed to turn into corners a bit more enthusiastically than a regular car, but that is about it. However, in a

controlled environment, it does allow you to go consistently faster through turns with less fuss.

Honda often uses the Prelude to showcase new technology, as it did with the VTEC engine and four-wheel steering, which is why ATTS has been used here. I would think this technology might have application to any passenger car, however, so it may see wider use.

The 1997 is the fifth generation Prelude, and it is designed to be "an aggressive sport coupe with superior handling," according to Honda. The new body style, with flat, chiseled surfaces, is a significant departure from the last model. It has a bigger trunk and a bigger back seat, based on customer research, although the back seat is still fairly small. Tall, dual-eyed look.

The new body, however, is tighter and stiffer, and that translates into better ride and handling, not to mention reduced vibration and noise. The dual-wishbone suspension soaks up bumps well and gives the Prelude sports-car agility.

Aside from its handling prowess, the Prelude is defined by its powerful, 2.2-liter, VTEC engine. This gutsy four-cylinder power plant is uncanny in its willingness to rev to more than 7,000 rpm. Coupled with the tight-shifting five-speed transmission, it feels like a motorcycle engine. Power output is 195 horsepower (190

with the automatic transmission). Because of the VTEC variable valve timing system, it has abundant power at both low and high speeds.

An automatic transmission with sequential shifting is available, although not with the ATTS system. This transmission can be left in automatic position or shifted manually. It's too bad this unit won't work with the torque transfer system.

Inside, the Prelude is typically Honda. That means logical, well-designed gauges and excellent outward visibility. The bucket seats are firm and have extra support on the sides, which is helpful when you test out the ATTS in a turn.

My only beef concerns the radio and its tiny buttons. I also would prefer rotary controls for heating and cooling, but that is fairly minor.

The base price of our test car was \$25,700. The addition of floor mats, freight and California emissions equipment brought the sticker price to \$26,292.

The basic warranty is for three years or 36,000 miles.

Point: The torque transfer system seems to be a real breakthrough in cornering stability. Mate that to a great engine that winds up like a motorcycle and you get a very energetic, responsive sports coupe.

Counterpoint: The back seat remains very small, as do the radio buttons.

POINTS & PLUGS

By Rick Stoff

Remember how expensive it was to keep all our battery-powered toys running when we were kids? (Especially for those of us who had toys before rechargeable batteries were invented.) That is the very reason we still can't buy an electric car with a reasonable cruising range.

Most of the electric cars and trucks available to the public now use lead-acid batteries that are similar to those that start the cars and trucks we already have. Great for turning over starter motors, but not great enough to get 200 or 300 miles out of a battery charge.

A few manufacturers are equipping their introductory electric vehicles with nickel-metal hydride battery arrays that boost cruising range considerably, but reportedly cost \$60,000 per vehicle.

The National Automobile Dealers Association is asking Congress to require states to uniformly identify cars and trucks that have been rescued from salvage yards and rebuilt.

Many states already mark the titles of salvaged vehicles. But NADA estimates 70 percent of crashed vehicles are being repaired and sold, with most of these sales being made in states that do not mark salvage titles. Some of the wrecked machines are being purchased so their vehicle identification numbers and titles can be switched to intact stolen vehicles.

NADA said the practice may be costing auto dealers and private purchasers up to \$4 billion annually in the prices paid for vehicles believed to be undamaged.

Automobile sales in Mexico increased by more than a third in the first six months of 1997. Car and truck sales exceeded 104,000 for the first half of the year, up from 141,000 a year ago.

General Motors led the country in sales by moving more than 23,000 units. Nissan came in second with nearly 41,000 sales. Third and fourth went to Ford (37,000) and Chrysler (30,000). And talk about exclusivity: According to the Mexican Automotive Industry Association, Porsche came in last with six car sales this year, down from 15 over the first half of 1996.

The cleanest gasoline automobile engine ever produced will go on sale in California and New York with the introduction of the 1998 Honda Accord. The four-cylinder engine meets California's standards for a "Low Emission Vehicle" by using variable camshaft timing that is directed by a 32-bit computer chip.

The chip monitors exhaust gases leaving the engine and adjusts the air-to-fuel ratio in each cylinder individually to minimize emissions. The result is an engine that emits 75 percent fewer hydrocarbons and half the carbon monoxide permitted under current federal laws.

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